A

Choice Manuall,

OR

RARE and SELECT

SECRETS

IN

PHYSICK

AND

CHYRURGERY:

Collected, and practised by the Right Honourable, the Countesse of *Kent*, late deceased.

Whereto are added several Experiments of the Vertue of Gascon pouder, and *Lapis contra Tarvam*, by a Professor of Physick.

As also most Exquisite waies of Preserving, Conserving, Candying, &c.

The Thirteeu Edition.

LONDON,
Printed, by *Gartrude Dawson*, and are to be sold by *William Shears* at the Sign of the Blew Bible in *Bedford* Street in *Coven Garden*. 1661.

o the Vertuous and most
Noble Lady, *Latitia Popham*,
Wife of the Honoura-
ble and truly Valiant
Colonel *Alexander*
Popham.

Thrice Noble and truely
Vertuous Lady.

AFter *mature deliberation*
what to tender unto your ac-
ceptance worthy your Patro-
ge, nothing occurred more probable,
n this small Manual; which wa-
e esteemed a rich Cabinet of know-
lge, by a person truly Honourable,
ay it auspitiously procure but you
onours like friendly Estimation, an-
en I doubt not, but it will find a uni-
rsal acceptance amongst persons of
eatest Eminency. Sure I am, it
ay be justly deemed as a rich Maga-
ene of experience, having long since

ought the world its approved ex
ency, yea, even in many dangerous e
tgencies. All I humbly crave for
Ipresent is, my boldness may be fav
rably excused; since 'twas my law
ambition, thereby to avoid ingratitu
for the many singular favours I h
already received from your ende
truly Honourable Husband, my
wayes true noble friend, and most h
Country-man. God multiply his b
sings upon all your noble Family,
make you no less Honourable here
Earth, than eternally happy hereafi
which shall be the daily prayer of h
whose highest Emulation is,

In all due ways

abundantly to Ho-

nour and Serve you.

W.

T

Courteous Reader.

WEll remembring that we are all born for the weal-publike good: I here tender to thy peruſal this ſmall, and yet moſt Excellent Treatiſe, Entituled, *A Choice Manual of Rare and Select Secrets in Phyſick*: If thereby thou ſuck abundance of Profit, I ſhall be ſuperlatively glad, but if any, or perchance many unlooked for miſtakes, for want of a due application, bid thee entertain contrary thoughts, the effect not anſwering thy curious expectation, upon a more ſerious reflex, know, that nothing is abſolutely perfect, and withal, that the richeſt and moſt ſoveraign Antidote may be often miſapplied: wherefore the fault not being mine, excuſe and ceaſe to cenſure: For which juſt, and but reaſonable favour, thou ſhalt deſervedly oblige me,

Thine, W. F.

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A

A Choice Manual, OR Rare and Select SECRETS IN PHYSICK,

y the right Honourable
the *Countesse* of KENT,

very good medicine for a Consumption and Cough of the Lungs.

TAke a pound of the best Honey as you can get, and dissolve it in a Pipkin, then take off the fire, and put in two pennyth of flower of brimstone, and two

two penniworth of pouder of
campane, and two penniworth o
flower of Liquorice, and two pe
worth of red Rose-water, and so
them together, till they be all c
pounded together, and put it in
gally-pot, and when you use it,
a Liquorice-stick beaten at one
and take up with it as much al
as half a Wallnut, at night when
go to bed, & in the morning fas
or at any time in the night when
troubled with the Cough, a
let it melt down in your mou
degrees.

Sir John Digbies *Medicine fo*
Stone in the Kidneys.

Take a pound of the finest
ney, and take seven quarts of C
duit-water, set them on the fire,
when it is ready to seeth, scu
and fil as the froth doth rise, scu
and put in twenty whole Cloves
let them seeth softly for the
of half an hour, and so bottle
for your use, and drink it mo

evening and at your meat, and
o other drink until you are wel.
Medicine for the falling Sickness.
ake a penny weight of the pou-
of Gold, six penny weight of
l, six penny weight of Amber,
enny weight of Corral, eight
ns of Bezar, half an ounce of
y-seed, also you must put some
er of a dead mans Scull that
been an Anatomy for a woman,
the pouder of a woman for a
compound all these together;
ake as much of the pouder of all
as will lie upon a two-pence for
mornings together in Endive-
and drink a good draught of
ve-water after it.

Cordials and Restoratives use these
things following.
any faintnesse take three drops
of Cinnamon, mixed with a
ful of Sirrup of Gilliflowers,
much Cinnamon-water, drink
r a Cordial.

Againſt Melancholly.

Take one ſpoonful of Gilliflowers, the weight of ſeven Barly c of Bever-ſtone, bruiſe it as fi flower, and ſo put it into two ſp fuls of Sirrupe of Gilliflowers, take it four hours after Supper, elſe four hours after dinner, this cheer the heart.

If you be ſick after meat uſe thi

Take of the beſt green Gin preſerved in Sirrup, ſhred it in pieces, put it into a gally-pot, an Cinnamon-water to it, then dinner or ſupper eat the quanti two nutmegs upon a knifes poi

Aqua Mirabilis.

Take three pints of white-W one pint of *Aqua vitæ*, one p Juice of Celendine, one drac Cardamer, a drachm of Me flowers, Cubebs a drachm, lingal, Nutmeg, *Mace*, Ginge Cloves, of each a drachm, min theſe together over night, th morning ſet them a ſtilling in Limbeck,

The Vertues.

his water dissolveth swelling of ungs, and being perished doth and comfort them, it suffereth he bloud to putrifie, he shall not to be let bloud that useth this er, it suffereth not the heart-ing, nor Melancholy or Flegm ve dominion, it expelleth urine rofiteth the stomack, it preser-good colour, the visage, me- and youth, it destroyeth the .

ake some three spoonfuls of it or twice a week, or ofner, ing and evening, first and last.

Another way to make Aqua Mirabilis.

ke Galingal, Cloves, Quibs, er, Mellilip, Cardamomie, Nutmegs, of each a drachm, the juyce of Celendine half a adding the Juyce of *Mints* alm, of each half a pint more, mingle all the said spices being into a pouder, with the juice,

with

with a pint of good *Aquavitæ*, three pints of good white-Wine, put all these together in a pot, let it stand al night being close & in the morning still it with fire as can be, the still being pasted, and a cold still.

A Medicine for the Stone in the Reyns.

Take a good handfull of Pe ry of the Wall, a handfull of Parsley, Saxifrage, a handfu wild Thyme, a handfull of ga Parsley, three spoonfuls of Fe seed, six horse-Raddish-roots s then shred all these together, pu in a gallon of new-*Milk*, and le stand and steep in a close po whole night, and then still them and all together, this must be d *May* or *June*, for then hearbs their best state, and when it is you must put two or three spo of this water, as much white-w

nish, and if you please a little su-
and so take it two dayes before
change, and two dayes after, and
dayes before the full, and two
es after, continuing taking the
e all the year, and the patient
doubtedly shall find great ease,
void many stones, and much
vel, with little pain.

To make Horse-Raddish drink.

Take half a pound of Horse-Rad-
, then wash and scrape them very
n, and slice them very thin cross-
es on the root, then put them in
x quarts of small Ale, such as is
y for drinking, which being put
a pipkin close covered set on the
ers, keeping it a little more then
od-warm for twelve hours, then
it off the fire, and let it stand to
untill the next morning, then
the clear liquor into bottles,
keep it for your use, drinking a
draught thereof in the morn-
fasting two hours after, and the
quantity at four in the after-

noon, this drink is excellent
againſt winds, as alſo for the ſ
ing and dropſie being taken in

An excellent Medicine againſt m
holly.

Take four quarts of the juy
Pearmains, and twice as mu
the juyce of *Bugloſſe*, and *Bor*
if they be to be gotten, a drach
the beſt Engliſh Saffron, bru
and put it into the juyce, then
two drachms of *Kermes* ſmall b
to pouder, mix it alſo with the j
ſo being mixt, put them in
earthen veſſel, covered or
forty eight hours, then ſtra
and allow a pound of Sugar to
quart of juyce, and ſo boil it
ordinary height of a ſirrup, a
is boiled, take one drachm of th
ces of Diamber, and two dra
of the ſpices of *Diamargarion*
dum, and ſo ſew the ſame flen
in a linnen bag, that you ma
the ſame eaſily into the bottle o

and so let it hang with a thread
at the mouth of the bottle; the
s must be put into the sirrup in
bag, so soon as the sirrup is off
ire, whilst it is hot, then after-
ds put it into the bottle, and
let it hang: put but a spoonful
o of Honey amongst it whilst
bolling, and it will make the
rise, and the sirrup very clear.
ou must add to it the quantity
quarter of a pint of the juyce of
m.

xcellent Receipt for the Plague.

Take one pound of green Wal-
, half an ounce of *Saffron*, and
an ounce of *London* Triacle,
m together in a morter, and
a little *Cardum*, or some such
, vapour it over the fire, till it
to an Electuary: keep this in a
nd take as much as a Walnut,
ood to cure a Feaver, *Plague*,
ny infection.

An excellent Cordiall,

Take the flowrs of Marigo
and lay them in ſmall ſpirit of w
when the tincture is fully taken
pour it off from the flowrs, and
pour it away till it come to a
ſiſtence as thick as an Electuary.

For a bruiſe or ſtitch under the

Take five or ſix handful of C
bage, ſtamp it, and ſtrain it,
it is boiled in a quart of fair w
then ſweeten it with Sugar,
drink it off in a wine glaſs in
morning, & at four in the aftern
for fiue or ſix dayes together,
take a Cabbage leaf, and bet
two diſhes ſtew it, being wet fi
Canary wine, and that lay h
your ſide evening and morning.

An excellent Receipt for an It
any foul Scabs.

Take Fox-gloves, and b
handful of them in poſſet drink,
di

ink of it a draught at night, and
he morning, then boil a good
antity of the Fox-gloves in fair
ning water, and annoint the pla-
that are sore with the water.

A Receipt good for the Liver.

Take Turpintine, slice it thin,
lay it on a silver or Purslane
ne, twice or thrice in the Oven
h the bread till it be dry, and so
ke it into pouder, every day take
much as will lye on a sixpence in
Egg.

Flegm, and stopping in the throat and stomack. D. T.

Take oil of Almonds, Linseed
buds of Orange floures, boil all
e in milk, and annoint the sto-
ck well with it, and lay a scarlet
h next to it.

For an extream cold and a cough.

Take of Hysop water six ounces,
ted Poppy water four ounces, six
nes, ten Figs, and slice them
ll, a handful of Raisins of the
n, the weight of a shilling of the

Pouder of Liquorice, put these
the aforesaid waters, and let
ſtand five or ſix hours upon w
embers, cloſe covered, and not
then ſtrain forth the water, and
into it as much Sugar of Roſ
will ſweeten it, drink of this
morning, and at four of the clo
the afternoon, and when you
bed.

To Diſtil Triacle-water.

Take one ounce of Hearts-
ſhaved, and boil it in three pi
Cardus water till it come to a
then take the roots of Elecamp
Centian, Cipreſs, Turmentil
of Citron rinds, of each one o
Borage, Bugloſs, Roſemary flo
of each two ounces, then
pound of the beſt old Triacle,
diſſolve it in ſix pints of white
and three pints of Roſe-water
infuſe all together and diſtil it.

It is good to reſtore ſpirits,
ſpeech, and good againſt ſwoun

nes, agues, and wormes, and
mall pox.

Triacle water.

ake three ounces of *Venice* Tri-
and mingle it in a quart of spi-
of wine, set it in horse-dung four
ive dayes, then still it in ashes
and twice over, after take the
ome which is left in the Still, and
to it a pint of spirit of wine, and
it in the dung till the tincture be
n out of it, and strain the clear
ture out of it, and set it on the
till it become to be a thick con-
ence, it must be kept with a soft
. And so the like with Saffron.

To take away a Hoarseness.

Take a Turnip, cut a hole in the
of it, and fill it up with brown
ar candy, and so roast it in the
bers and eat it with Butter.

To take away the Head-ach.

Take the best Sallade oil, and the
s half full with tops of Poppy
ers which groweth in the Corn,

set this in the Sun a fortnight, so keep it all the year, and anoint the temples of your head with it.

For a Couch.

Take Sallade oil, *Aqua vitæ*, Sack, of each an equal quantity, b them all together; and before the rub the soles of your feet with it.

To make Jelly of Hearts-horn.

Take a quart of running wa and three ounces of Hearts-ho scraped very fine, then put it int stone Jug, and set the Jug in a ke of water over the fire, and let it b two or three hours untill it jelly, t put it into three or four spoonf of Rose-water, or white Wine, t strain it: you may put into it M or Ambergriece, and season it as y please.

To make a Glister.

Take half a quart of new Milk three quarters, set it on the fire, make it scalding hot, then take it

d put into it the yolk of a new laid
g beaten, two ounces of brown
gar-candy, or black Sugar, give it
the party blood-warm.

Another.

Take the bone of a Neck of Mut-
n, or Veal, clean washed, set it on
fire to boil in three pints of fair
ter, and when it is clean scummed
n put in three roots of Fennel and
fly clean washed and scraped, of
ee of them the roots bruised, a
dful, of Cammomil, and Mal-
es a handful, let all these boil to-
her till half be wasted, then strain
take three quarters of a pint of
broth, brown Sugar-candy two
nces, of Oil of Flax-seed two
nces, mingle all these together,
take it for a glister, blood-warm,
en it is in your body keep it half
hour, or three quarters of an
r, or an hour if you can.

A comfortable Cordial to cle the Heart.

Take one ounce of conserv Gilliflowers, four grains of the Musk bruised as fine as flower, put it into a little tin pot, and ke till you have need to make this C dial following; *Viz.* Take the qu tity of one Nutmeg out of your pot, put to it one spoonful of C namon-water, and one spoonfu the sirrup of Gilliflowers, Amb grieee, mix all these together, drink them in the morning fas three or four houres, this is m comfortable.

A Cordial for wind in the Stom or any part.

Take six or eight spoonfuls Pennyroyal-water, put into it f drops of oil of Cinnamon, so dr it any time of the day, so you two or three hours after,

Restoratives.

Take a well fleshe Cipon fr

e barn door, and pluck out his In-
als, then wash it within with a lit-
e white Wine, then flea off all the
kin, and take out his bones, & take
e flesh, only cut it in little pieces,
nd put it in a little stone bottle,
nd put to it one ounce of white Su-
ar candy, six Dates slit, with the
ones and piths taken out, one large
lace, then stop the bottle up fast,
nd set it in a Chafer of water, and
t it boil three hours, then take it
ut, and pour the juyce from the
eat, and put to it one spoonful of
d Rose-water, and take the better
art for your breakfast four hours
efore dinner, and the other part at
ree a clock in the afternoon, being
loud-warm.

Another restorative.

Take half a pint of Claret wine,
nd half a pint of Ale, and make a
audle with a new laid Egg; put in
alf a Nutmeg cut into two pieces,
hen take it off the fire, and put in
ven grains of Ambergriece, drink
this

this for two breakfasts, for it will crease blood and strength.

Another Restorative:

Take two new laid Eggs, and t the whites clean from them, and the yolks both in on shell, then in two spoonfuls of Claret wine, ven grains of Ambergriece bruised, and a little Sugar-cand stir all these together, & make th blood-warm, and sup them up fo breakfast three or four hours bef dinner.

Another Restorative.

Take a yong leg of *Mutton*, off the skin and the fat, take the f being cut into small pieces, and it into a stone bottle. then put it two ounces of Raisins of the S stoned, a large *Mace*, an ounce half of Sugar-candy, and stop bottle very close, and let it boil Chafer three hours, and so put juice from the meat, and keep it clean glasse, it will serve for th

break

akfasts, or if he will he may take
ne at three a clock in the after-
on being made warm.

A Restoring Broth.

Take two ounces of Chene-roots,
slit very thin, then put it in a
Pipkin with five pints of run-
g water being close covered, and
it upon embers all night long,
re it may be very hot, but not
fo, then put to that water a great
k-Chicken, and when it is clean
mmed, put into it two spoonfuls
rench Barly, six dates slit, with
pithe and stones taken out, two
ces of Raisins of the Sun ston'd,
ge Mace, let all these boil toge-
till half be consumed, then take
the Cock, and beat the flesh of it
clean *Morter*, and a little of the
h, then strain it all together
ghout a hair Cullender, then
two spoonfuls of red Rose-
, and sweeten it with white Su-
andy, drink of this broth, being
made

made warm, half a pint in the mo
ing early fasting, and sleep after
you can, drink a good draugh
three of the clock in the afterno
this broth is very good for a C
sumption, and the longer they
it, it is the better.

A strengthening Meat.

Take Potato roots, roast them
bake them, then pill them, and
them into a dish, put to it lump
raw marrow, and a few Curra
little whole Mace, and sweete
with Sugar to your taste, and so
instead of buttered Parsnips.

Broth for a Consumption.

Take three marrow bones, b
them in pieces, and boil them
gallon of water till half be co
med, then strain the liquor thro
a Cullender, & let it stand wh
be cold, then take off all the fat c
and put the broth into a pipkin
put to it a good Cock-Chicken,

nuckle of Veal, then put into it
bottome of a white loaf, a whole
ze, two ounces of Reisins of the
stoned, six Dates slit, let all these
together till half be consumed,
strain it, instead of Almonds
a few *Pistaries* kernils, & beat
m, and strain with your broths
you do Almond milk, and so
ten it with white Sugar, and
k half a pint early in the morn-
and at three a clock in the after-
n, and so continue a good while
ther, or else it will do you no
d.

Another Cordial.

Take a preserved Nutmeg, cut it
our quarters, eat a quarter at a
kfast, and another in the after-
n, this is good for the head and
nack.

Cordial for a breakfast fasting.

t a good piece of a *Pomecitron*
rved, as big as your two fingers
ngth and breadth, & so at three
e clock in the afternoon.

A reſtoring Broth.

Take the brawn of a Capon Pullet, twelve Jordan Alm blanched, beat them together, ſtrain out the juyce with a dra of ſtrong broth, and take it breakfaſt, or to bedward.

A Medicine for any griping Belly.

Take a pint of Claret Wine, p it a ſpoonful of Parſly ſeed, a ſpoonful of ſweet Fennel ſeed, h dozen cloves, a branch of Roſe ry, a wild *Mallow* root clean w and ſcrapt, and the pith taken with a good piece of Sugar, ſet on the fire, and burn the Claret ry well with all theſe things i then drink a good draught of the morning faſting, and at th clock in the afternoon.

To keep the Body Laxative.

Take half a pint of running ter, put it in a new Pipkin wi con

er, then put into the water two
ces of Manna, and when it is,
olved, strain it, and put to it four
ces of Damask Prunes, eight
nes, a branch of Rosemary, let
hese stew together while they be
ender, then eat a dozen of them
a little of the liquor an hour
re dinner or supper, then take
ught of broth and dine.

make the China *Broth for a Con-*
mption.

ake *China* root thin sliced two
ces, steep it twenty four hours
ght pints of fair water, letting
nd warm all the time, being
e covered in an earthen Pipkin,
ron pot, then put to it a good
krel, or two Chickens clean
led, and scum it well, then put in
-leaved *Grasse* two handfuls,
den-hair, Harts-tongue, of el-
half a handful, twenty Dates
, two or three Mace, and the
me of a *Manchet*, let all these
stew

ſtew together, until not above a quart remains, then ſtrain it, take all the fleſh, and ſweet bones beat them in a ſtone morter, ſtrain out all the juyce with the broth, then ſweeten it with two ounces of white Sugar-candy in powder and take thereof half a pint at once early in the morning warm; and ſleep after it if you can, and two hours before ſupper at your pleaſure, when you ſteep the root, ſteep two drachms of white Sanders, and as much red Sanders, and let them boil in the broth.

A Gentle Purge.

Take a pound of Damask Roſes, eat it all at one time, faſt three quarters of an hour after, then take a draught of Broth and dine.

Another Purge

Take the weight of four or five pence of Rubarb, cut it in little pieces, and take a ſpoonful or two of good Currans waſht very clean, and

le them together, and so eat
, fast an hour after, and begin
meal with broth, you may take
hour before if you will.

Broth for a Consumption.

Take a course Puller, and sow up
belly, and an ounce of the con-
es of red Roses, of the conserves
Borage and Bugloss flowers, of
of them half an ounce, Pine
le kernels, and Pistaries of each
an ounce bruised in a morter,
drachms of Amber pouder, all
ed together and put in the belly,
boil it in three quarts of water,
Egrimony, Endive and Succo-
of each one handful, Sparrow-
s roots, Fennel roots, Caper
s, and one handful of Raisins of
Sun stoned, when it is almost
led, take out the Puller, and beat
a stone Morter, then put it into
liquor again, and give it three or
walmes more, then strain it,
pnt to a little red Rose-water,

and

and half a pint of white Wine
ſo drink it in a morning, and
after it.

To prevent miſcarrying.

Take *Venice* Turpentine,
it on black brown paper, the b
and length of a hand, lay it
ſmall of her back, then giue
drink a caudle made of Muſc
and put into it the husks of
three ſweet Almonds dryed
finely poudered.

For Boiles, or Kibes, or to
Sore.

Take ſtrong Ale, and boil
a pint to four ſpoonfuls, and
it, it will be an Ointment.

To make Cammomil Oil.

Shred a pound of Cammom
knead it into a pound of ſwe
ter, melt it, and ſtrain it.

A Receipt for the Pluriſ

Take three round Balls of
dung, boil them in a pint o
Wine till half be conſumed

it out, and sweeten it with a Sugar, and let the Patient go and drink this, then lay him

For an Ague.

ake a pint of milk and set it on re, and when it boils put in a of Ale, then take off the curd ut in nine heads of *Carduus*, let till half be wasted, then to e- quarter of a pint put a good ful of Wheat flower, and a er of a spoonful of grosse Pep- an hour before the fit, let the nt drink a quarter of a pint, e sure to lye in a sweat before

xcellent Balm for a green W

ke two good handfuls of Eng- obacco, shred it small, and put pint of Sallade oil, and seeth soft fine to simper, till the oil green, then strain it, and in ling put in two ounces of *Ve-* urpintine.

For an Ach.

Take of the beſt Gall, white Vinegar, and *Aqua vitæ*, of like quantity, and boil it gen the fire, till it grew clammy, put it in a glaſs or pot, and when uſe any of it, warm it againſt the rub ſome of it with your han the aking place, and lay a Li cloath on it, do this morning evenings.

To make a Searcloath.

Virgins Wax, *Sperma Ceti*, nice Turpentine, oil of white P oil of Ben, oil of ſweet Almon

For Wind in the Stomack, a the Spleen.

Take a handful of Broom, boil it in a pint of Beer or Ale be half conſumed, and drink the wind, and the ſtomack, a the Spleen.

most excellent water for a Consumption and Cough of the Lungs.

Take a running Cock, pull him, then kil him, when he is almost cut him abroad by the back, and out the Intrails, and wipe him, then cut him in quarters, and the bones, put him into such a as you still Rose water in, and a Pottle of Sack, a pound of rans, a pound of Raisins of the stoned, a quarter of a pound of s, the stones taken out, and the cut small, two handfuls of Thyme, two handfuls of Or-, two handfuls of Pimperbal, wo handfuls of Rosemary, two uls of Bugloss and Borage , a Pottle of new Milk of a Cow, still this with a soft fire, into the glass that the water doth into, half a pound of Sugar-beaten very small, one book Gold cut small among the , four grains of Ambergriece,

twelve

twelve grains of prepared Pe
must mingle the strong wa
the small, and of the four
at a time in the morning fa
an hour before supper, yo
shake above the glass when
it.

For a bruise.

Take six spoonfuls of Ho
great handful of Linsted
these in a Morter, and boil th
pint of *Milk* an hour, then
very hard, and annoint your
and stomack with it every mo
and evening, and lay a red cl
on it.

*The Eye water for the inf
and diseases of the Eye.*

Take of the distilled wat
white wild Rose, half a poun
distilled water of Celendine
nel, Eye-bright, and Rue
two ounces, of Cloves an ou
a half, of white Sugar-can
drachm, of *Tutia* prepar
ounces, pulverize all thes

each by themselves, saving that
must bruise the Camphire with
Sugar-candy, for so it breaks
then mix all the powders toge-
a Paper, put them in a strong
pour the distilled waters upon
, and three pints of the best
h white Wine that can be had,
it every day three or four
long together for a moneth,
en you may use it; remember
p it very close stope. This is
m as it was had from the Lord

dicine very good for the Drop-
or the Scurvy, and to clear the
loud.

e four gallons of Ale, drawn
e tap into an earthen Strand,
e Ale is two dayes old, then
ust put in of Brook-lime, of
-cresses, of Water-mints with
lks, of each four handfuls,
ck of Scurvy-grasse, let all
clean picked, and washed,

and dryed with a cloth, and
with a knife, & then put into
then put in the Ale and stop it
so that it have no vent, stop
Rie paste; the best Scurvy-
groweth by the water side, it m
seven dayes after the things be
fore you drink it. Take two
of water, and put in four ou
Guaicum, two ounces of Sarsa
la, one ounce of Saxifrage, p
to a pipkin, and infuse it u
embers for twelve hours, a
drain it, and put it into the
soon as it hath done workin
being added makes the mor
dle.

For sore Eyes.

Take half a pint of red-R
ret, put therein four penni
Alloe succarina, as much
moniack in quantity, let this
and twenty hours in steep, th
your eye with in evenings a
nings with a Feather, an
help them.

Sirrup to strengthen the stomac
the brain, and to make a swe
eath.

Take Rinds while they be new
pound, of running water the va-
of five wine pints, then seeth it
o three pints, then strain it, and
one pound of Sugar, seeth it to
rup, and when you take it from
fire, put to it four grains of
k.

For the burning in the back.

Take the juyce of Plantain, and
mans milk, being of a Woman
ld, put thereto a spoonful of
-water, and wet a fine cloath in
ime, and so lay it to your back
the heat is.

very good Medicine to stay the
miting.

Take of Spare-Mints, Worm-
, and red Rose leaves dryed, of
half a handful, of Rye bread
a good handful, boil all these
Rose-water and Viniger, till
e somewhat tender, then put it

into a linnen cloth, and lay it
stomack as hot as you can end
heating it two or three times
with such as it was boiled in.

For Weakness in the Back.

Take Nip and Clary, an
Marrow of an Oxe back, chop
very small, then take the yolks
or three Eggs, and strain th
together, then fry them, use t
or seven times together, and a
drink a good draught of Bast
Moscadine.

To make a Cap for the pain an
ness of the Head.

Take of Storix and Benj
of both some twelve penni
& bruise it, then quilt it in a
paper, and wear it behind o
head.

To make pectoral Rouls for a

Take four ounces of Sug
ly beaten, and half an ounce
ced Liquorice, two grains of

the weight of two pence of the
up of Liquorice, and so beat it up
perfect paste, with a little syrrup
horehound, and a little Gum-
on being steeped in Rose-wa-
then roul them in small Rouls
dry them, and so you may keep
all the year.

For the running of the Reins.

ake the pith of an Oxe that go-
down the back, a pint of red
e, and strain them together
ugh a cloath, then boil them a
with a good quantity of Cin-
on, and a Nutmeg, and a large
, a quantity of Ambergreece,
this first and last dayly.

For Sun-burn.

ake the juyce of a Lemon, and
le *Bay* salt, and wash your
with it, and let them dry of
selves, wash them again, and
hall find all the spots & strains

For a Pin, and Web, and redn
the eye.

Take a pint of white Rose-w
half a pint of white Wine, as m
of *Lapis Calaminaris* as a Wa
bruised, put all these in a glass,
set them in the Sun one week,
shake the glass every day, then
it out of the Sun, and use it as
shall need.

A special Medicine to preser
Sight.

Take of brown Fennel, Hon
suckles of the hedge, of wild Da
roots picked, and washed, and dr
of Pearl-wort, of Eyebright, of
Roses, the white clipped away,
each of these a handful dry ga
ed, then steep all these herbs
quart or three pints of the best w
Wine in an earthen pot, and so l
lye in steep two or three dayes c
covered, stirring it three times a
and so still it with a gentle fire,
king two distillings and so ke
for your use.

A Pr

oved Medicine for the Yellow
ndice.

ke a pint of Muscadine, a pret-
antity of the inner bark of a
ery tree, three spoonfuls of the
est goose-dung you can get,
ake away all the white spots of
them in steep all night, on the
ow strain it, and put to it one
d Nutmeg, one penniworth of
on dryed, and very finely beat-
and give it to drink in the mor-

make Pectoral Rouls.

ake one pound of fine Sugar,
quorice and Annise seeds two
nfuls Elecampane one spoon-
Amber, and Curral, of each a
er of a spoonful, all this must
y finely beaten and searced,
then the quantity that is set
must be taken, mix all these
ers together well, then take the
of an Egg, and beat it with a
quantity of Musk, then take
zen morter very well scoured,

and a spoonful or two of the Y
ders, & drop some of the Egg t
so beat them to a paste, then m
them in little rouls, and lay t
on a place to dry.

A Plaister for a sore Breast.

Take crums of white bread,
tops of *Mint* chopped small;
boil them in strong Ale, and m
it like a poultess, and when it is
most boiled, put in the poude
Ginger, and oil of time; so spr
it upon a cloath, it will both d
and heal.

*A Medicine for the dead Pa
and for them that have lost t
speech.*

Take Borrage leaves, *Mar*
leaves, or flowres, of each a g
handful, boil it in a good Ale
sel, the *Patient* must drink a g
draught of it in the morning,
sweat; if it be in the armes or le
they must be chafed for an hou
two when they be grieved, an
meals they must drink of no o
dr

till their speech come to them
; & in winter, if the hearbs be
to be had, the seeds will serve.

An approved Medicine for an Ach, & swelling.

Take the flowers of Cammomil, Rose leaves, of each of them a quantity, and seeth them in Wine, and make a Plaister of, and let it be laid as hot as be suffered to the place grieved, this will ease a pain, and asse the swelling.

An approved Medicine for a stinking Breath.

Take a good quantity of Rosey leaves and floures, and boil in white Wine, and with a little Cinnamon and Benjamin beat pouder, being put thereto, let Patient use to wash his mouth often therewith, and this will gently help him.

A good Broth for one that is weak.

Take part of a Neck of Lamb, a prettry running Fowl, and set

them on the fire in fair spring w
and when it boileth scum it we
done, put in two large Mace, a
few Raisins of the Sun stoned,
a little Fennel root, and a Pa
root and let them boil, if the p
be grieved with heat or cold i
stomack, if heat, put in a han
of barley boiled before in two
ters, and some Violet leaves, So
Succory, and a little Egrimony
cold, put in Rosemary, Thy
a little Marigold leaves, borrage
Bugloss, and boil this from
pints to less than one.

A Receipt for Purging. D.

Take the leaves of new Sene
ounces, of choisen Rubarb one o
and half, leaves of Sage, and
roots, of each one ounce, of Ba
ries half an ounce, Cinnamon,
Nutmeg of each an ounce, A
seeds and Fennel seeds, of eac
drachms, of Tamarisk hal
ounce, Cloves and Mace, of
half a drachm, beat them i

pouder, and hang them in a
n bag, in six gallons of new
so drink it fasting in the morn-
nd at night.

comfort the Stomack, and help
Windines and Rheum.

ake of Ginger one penniworth,
es four penniworth, Mace seven
lworth; Nutmeg four penni-
h, Cinnamon four penniworth,
Galingal two penniworth, of
an ounce, of Cubebs, Corral,
Amber, of each two drachms, of
el seeds, Dill seed, and Carra-
seed, of each one ounce, of Li-
rice and Annise seeds, of each
unce, all beaten into fine pou-
one pound and a half of fine
n Sugar, which must be set on
fire, and being dissolved, the
ers being well mixed therewith
be stiffe, then put thereunto
pint of red Rose-water, and
them well together, and put it
galley pot, and take thereof
in the morning, and last in the

even-

creaing, as much as a good h
Nut, with a spoonful or two of se
Wine.

To make a Callice for a weak P

Take a good Chicken, and a p ag
of the neck end of Lamb or Ve
not so much as the Chicken, an
them on the fire, and when they
& are well scummed, cast in a Tal
Mace, and the pieces of the bott e f
of a Manchet, and half a handf tw
French Barly boyled in three p in
ters before, and put it to the B n Sa
and take such hearbs as the par eab
quireth, and put them in when ior
broth hath boiled half an hour eig
boil it from three and a half to it e
then cast it through a strainer, re
scum off all the fat, so let it cool e t
take twenty good Jordan Almo wat
or more if they be small, and g Th
them in a Morter with some of ake
Broth, or if you think your brot flic
strong, grind them with som Egg
water, and strain them with d R
br

h, then set it upon a few coals
season it with some Sugar, not
much, and when it is almost
ied, take out the thickest, & beat
l to pieces in the morter, and put
again, and it will do well, so
e be not to much of the others

For the Gout.

Take six drachms of Cariaco-
e fasting in the morning, and
two hours after it, you may roul
in a Wafer, and take it as Pils,
Sack, as you conceive is most
eable for the Stomack; this pro-
tion is sufficient for a Woman,
eight drachms for a man, and
it every second day, untill you
remedy for it, it is a gentle
e that works onely upon winds
water.

The Poultesse for the Gout.

ke a penny loaf of white bread,
slice it, and put it in fair water,
Eggs beaten together, a handful
Rose leaves, two penniworth

of

of Saffron dryed to powder, then t
the bread out of the water, and b
it in a quantity of good milk, w
thereof of the ingredients, and ap
le to the place grieved, as warm
you can well endure.

For them that cannot hear

Put into their ears good dryed Su

A Soverign water, good for m
Cures, and the health of Bodies.

Take a gallon of good *Gascoi*
Wine, white or Claret, then t
Ginger, Calingal, Cardomon, C
namon, Nutmegs, Grains, Clo
Annile seeds, Fennel seeds, Car
way seeds, of each of them th
drachms, then take Sage, *Mints*,
Rose leaves, Thyme, Pillitory, r
mary, wild Thyme, wild *Majer*
Organy, Penni mountain, Pen
royal, Cammomil, Lavender.
vels, of each of them a handful,
beat the spices small, and the He
and put all into the Wine, and
it

d for the space of twelve hours,
ing it divers times: then still it
Limbeck, and keep the first wa-
y it self, for it is best, then will
e come a second water, which is
d, but not so good as the first;
Virtues of this Water be these,
comforteth the Spirit Vital, and
erveth greatly the Spirit vital,
preserveth the youth of man, and
eth all Inward diseases coming
old, and against shaking of the
ie, it cureth the contract of si-
, and helpeth the conception of
barren, it killeth the worms in
belly, it killeth the Gout, it help-
tooth-ach, it comforteth the
ack very much, it cureth the cold
psie, it breaketh the stone in the
, and in the reins of the back, it
th the Canker, it helpeth shortly
inking breath; and whosoever
this water oft, it preserveth
in good taking, this water will
tter if it stand in the Sun all
mmer, and you must draw of

the

the first water but a pint, and of
second as far as it will run, until
whole gallon of wine and heart
all done out, but the last wat
very small, and not half so goo
the first; if you do draw above a
of the best water, you must hav
things more as is aforesaid.

To stench the bleeding of a Wou

Take a Hounds turd and
on a hot coal, and bind it the
and that shal stanch bleeding, o
bruse a long worm, and make
der of it, and cast it on the wo
or take the ear of a Hare, and
pouder thereof, and cast that o
wound, and that will stench bl
ing.

For spitting of bloud after a fa
bruise.

Take Bittany, Vervain, N
bleed, and five leaved grasse, o
a like, and stamp them in a m

ring out the juyce of them, and
the juice as much Goats milk,
them seeth together, and let
that is hurt drink of it seven
together, till the waxing of the
, & let him drink also Ofmo-
d Cumfry with stale Ale, and
ll be whole.

to heal him that spitteth Blood.

ke the juyce of Bettany, and
er that with good milk, and
he sick to drink four dayes, and
ll be whole.

*to know whether one that hath
Flux shall live ar die.*

ke a penny weight of Trefoile
and give him to drink in Wine
ater, and do this three dayes,
if it cease he shall *live*, with the
of Medicine, if not, he shall die.

to stench the bleeding of a Vein.

ke Rue and seeth it in water,
ter stamp it in a *Motter*, and
on the Vein, then take Lambs
wooll

wool that was never washed, an
that thereon, and that shall st
bleeding.

For a Vein that is evil smitten.

Take Beans and peel away
lack, and seeth them well in vin
and lay them on the Vein hot
manner of a Plaister.

For one that pisseth blood.

Take and seeth Garlick in w
till the third part be wasted a
let him drink of the water, an
shall be whole.

For a woman travelling with C

Take and give her Titca
drink in the morning, and she
be delivered without perril, o
give her Hysop with water t
hot, and she shall be delivered o
child, although the child be de
rotten, and anon when she is
vered, give her the same wi
Wine, or bind the hearb Arge
to her nostrils, and she shall b
delivered, or else Polipody & t

,an lay that on the womans foot
l ner of a Plaister, and she shall
vered quick or dead, or else
ten r Savory with hot water, and
wa ll be delivered.

vin *inst Surfeiting and digesting.*
hot the bottome of a wheat loaf,
ast it at the fire, till it be very
e and hard, and then take a
n w uanti y of *Aquavitæ*, and put
ed a he same toasted, and put it
, an ngle linnen cloth, and lay it
breast of the Patient all night,
ith the help of God he shall
h C , and he shall vomit or purge
tea er.

I she *er to comfort weak Eyes, and*
l, c *serve the sight.*
er t a gallon and a half of old
od f fair and clean picked from all
e de r of soyle, and then still it in
e is inary *S*till with a soft fire, &
wh er that comes of it must be
arg a glass, then take half a
ll b of white Sugar-candy, and
& t it in a morter to pouder, and

after

after three dayes, when the hath been in a glase, then put poudered Candy, then take an of *Lapis Tutiæ* prepared, and into the glass to the rest of the then take an ounce of Camph break it between your fingers and put it into the glass, then the glass close, and the lon stands, the better it will be.

For tender Eyes, or for Chil

Take a little piece of whi gar-candy as much as a Chesn put it into three or four spoo of white Wine to steep, then t out again and dry it, and wh dry, bruise it in a clean Mort tastes of no spice, then put it u white Paper, and so hold it to t that it may be through dry, an searce it through a little sieve.

For hot Eyes and red.

Take slugs, such as wh touch them will turn like the mel of swords, a dozen or si

them fresh in a clean cloth, and
a nother, and not wash them,
amp them, and put three or
poonfuls of Ale to them, and
it through a dry cloath, and
the party morning and even-
ft and last.

For Corses.

ke fair water half a pint, Mer-
blimare a penniworth, Allum
ch as a bean, boil all these to-
in a glass Still, till a spoonful
sted, and alwayes warm it
you use it, this water is also
or any Itch, Tetter, R-
or wart.

earcloth, for a Sore, or Sprain,
any Swelling.

e Vervain seven ounces, of
leven ounces, of Camphire
drachms, of oyl of Roses ten
, let the Wax & the Oyl boil
Wax be melted, then put in
isos finely beaten, stirring it
fire till it look brown, then
the Camphire finely beaten
and

handle it, boil two or three
and then dip in your cloaths,

A Poultess for a Swellin

Take a good handful of
leaves, and as much Ground
Chickweed and Mallowes,
handful, cut all these with a
and so seeth them well in C
water, and thicken it with
meal, being finely sifted, and
it sure, & lay it to the swelled
and shift it twice a day,

To make a strong water goa

Canker, or any old Sore, or
any lump of flesh that grow

Take of Calendine a hand
red Sage a handful, and of
bind leaves a handful, shred
together very small, and ste
in a quart of white Wine, an
of water, letting it stand all
and on the morrow strain
put therein of Borax, and C
of each nine pennyworth,

ury four pennyworth, and set
on a soft fire, boiling softly for
ace of an hour, and when you
e it, warm a little of it, dip in
oth, and lay it on the sore, or
it any Cotton.

al any bruise, Sore, or Swelling.

ake two pound of Wax, and
ound of Rosin, and two pound
half of butter, and four spoon-
of Flower, and two good spoon-
of Honey, put in your Wax,
, and your butter altogether,
all these together & clarifie it,
ut in two ounces of Carme-
and when it hath thus boiled a
er of an hour, put a little water
ith, and put it in, and let it
till it be cold, and when you
it, you may melt it on a soft
and put in your cloathes, and
Searcloath, & you may spread
ister-wise to heal any wound.

A Medicine

A Medicine for any wound old

Take a pint of Sallade Oy
four ounces of Bees Wax,
ounces of Stone pitch,
ounces of Rosin, and two ou
Venice Turpentine, and one
worth of Frankincense, and
full of Rosemary tops, and
full of Tutson leaves, and
full of Plantain leaves; these
must be stamped, and the
them put to the things aforesa
let them boil together about
ter of an hour, or there abou
being done, put it into an
pot, and when it is cold you
it as you have occasion, and
two year; a most exellent Me

A Medicine for a Wen.

Take black Sope and un
Lime, of each a like quanti
them very small together, and
on a woolen cloath, and
the Wen; and it will consum
way.

king out of Childrens heads.

of white Wine, and sweet
like, and boil them together
me to a Salve, and so annoint
therewith.

mundifie, and gently to cleanse
ers and breed new flesh.
Rosin eight ounces, *Calo-*
out ounces, *Era & Oliva,*
pound, *Adypis Ovini, Gum*
ci Opoponaci, ana one ounce
ginis æris, boil your Wax,
i, and Rosin, with the Oyl
, then strain the Gums, be-
dissolved in Vinegar, and
ith a gentle fire, then take it
put in your *Verdigriece,* and
der, and use it according to

A Fomentation.

the liquor wherein Neats-
been boiled, with Butter,
w Milk, and use in manner
mentation.

For the Falling-sickness
vulsions.

Take the dung of a Peaco
it into pouder, and give so
it to the Patient, as wil l
shilling, in Succory-water,

For a Tetter, proceeding
humour in the Breast and Pa

Annoint the sore place wi
ners Owse.

For the Bloudy Flux.

Take the bone of a Gam
Bacon, and set it up on e
middle of a Charcoal fire, a
burn till it look like Chalk,
it will burn no longer, the
it, and give the pouder the
the sick.

A Plaister for all manner of

Take one pound of made
a quartern of Pitch, half a
of Galbanum, and one p
sheeps tallow, shred them
them softly, and put them

Wine, or good Vinegar, and
Frankincense, and Mastick,
half an ounce in pouder, and
o, and boil them altogether,
ll them till it be well relented
read this salve upon a mighty
s that will over-spread the
nd lay it thereon hot till it be

ake Elos Vnguentorum.

Rosin, Petrosin, and half a
of Virgins wax, Frankincense
er of a pound, of Mastick half
e, of Sheeps tallow a quar-
pound, of Camphire two
s, melt that that is to melt,
der that that is to pouder,
it over the fire, and strain it
a cloth into a bottle of white
and boil it altogether, and
it cool a little, and then put
a quartern of Turpentine,
all well together till it be
nd keep it well. This Oint-
good for sores old and new,

it ſuffereth no corruption
Wound, nor no evil fleſh to
dered in it, and it is good
ach, and for all manner of
humes in the head, and for
the brain, and for impoſth
the body, and for boiling
cheeks, and for ſauce fleg
face, and for ſinewes that be
ſtiffe, or ſprung with travail
draw out a Thorn, or Iron
place ſoever it be, and it is
biting or ſtinging of ve
beaſts; it rotteth and he
manner of Botches without
is good for a Feſter, and C
Noli me Tangere, and it dra
all manner of aking of th
and of the ſpleen, and of the
and it is good for aking a
ing of many members, a
members, and it ceaſeth the
Menſtrua, and of Emerol
is a ſpecial thing to make
cloth to heal all manner of
he ſearcheth furtheſt inwa
Ointment;

Ointment for all sorts of Aches.

Betony, Cammomile, Ce
, Rosemary, and Rue, of each
a handful, wash the Hearbs,
esse out the water, and then
stamp them very small, and
ke fresh butter unwashed and
ed a quart, and seeth it until
walted, and clarified, then
t clean, & put in of oil Olives
nce, a piece of Virgins Wax,
harden the ointment In the
er time, and if you make it in
ter, put into your Ointment
quantity of foor-lenne ins
f the Virgins Wax.

An excellent Syrup to Purge.

of *Sena Alexandrina* one
, Polipodium of the Oak four
, Sarsaparilla two ounces,
sk Prunes four ounces, Gin-
ten drachms, Annise-seeds one
, Cummin-seed half an ounce,

Carraway ſeeds half an ounce, namon ten drachms, *Ariſt* *rotunda*, *Peonia*, of each five dr Rubarb one ounce, Agari drachms, Tamariſk two ha boil all theſe in a gallon of fa ter unto a pottle, and when quor is boiled half away, ſt forth, and then put in your R and Agarick in a clean thin kercher, and tye it up cloſe, a into the ſaid liquor, and then two pound of fine Sugar, and to the height of a ſirrup, and it the quantity of ſix ſpoonfu more or leſs, as you find it w in you.

To make drink for all kind of S

Take a quart of *Aqua*, or *Aqua vitæ*, and put in that handful of Cowſlip flowers, flowers a good handful, a Roſemary flowers a handful, Marjoram a little, Pellitory

...dle, Bettony, and Balm of ... pretty handful, Cinnamon ... ounce, Nutmegs a quarter ...unce, Fennel-seed, Annise-... Coriander-seed, Carraway-...rumwel-seed, Juniper-berries ...a drachm, bruise your spices ...eds, and put them into your ...r *Aqua vitæ*, with your hearbs ...r, and put to that three quar-...a pound of very fine Sugar, ...hem together and put them in ..., and let it stand nine dayes ... Sun, and let it be stirred every ...is to be made in *May*, steeped ...de mouthed glass, and strain-... into a narrow mouthed glass.

...licine for the Reins of the Back.

...ke Housleek, and stamp and ...it, then dip a fine linnen cloth ...and lay it to the Reins of the ...nd that will heal it.

...licine for the Ach in the Back.

...ke Egrimony, and Mugwort ...aves and roots, and stamp it

with old Bores greaſe, and
it with Honey and Byſell,
it to the back.

For a Stitch.

Take Roſes, and Cammo
each a handful, and oyl of Ro
oyl of Cammomil, of both
a ſaucer full, and a quantity
ly flower, boil all theſe toge
Milk, and then take a linn
and put it therein, and lay th
ſter as hot as may be ſuffered
the ſtitch is.

To make a Salve for wounds cankered, and do burn.

Take the Juyce of Small
Morrel, of Waberd, of each
then take the white of Egg
mingle them together, and pu
to a little Wheat-flower, and
them together till it be thick,
it come near no fire but all co
it be laid on raw to the ſore,
ſhall cleanſe the wound.

A Medicine for Bone-ach.

Take Brook-lime and Sm

aisies, with fresh Sheeps tal-
d fry them together, & make
a plaister, and lay it to the
or.

Sinews that are shrunk.

e young Swallows out of the,
zen or sixteen, and Rose-
Lavender, and rotten Straw-
aves, strings and all, of each
al, after the quantity of the
ws, the feathers, guts, and all,
hem in a morter, and fry all
ogether with *May* Butter, not
ch, then put it into an earthen
nd stop it close nine dayes,
y it again with *May* Butter,
it well, and strain it well
ou shall use it, chafe it against

er for the biting of a mad Dog.

e Scabios, *Matfiline*, Yar-
Nightshade, wild Sage, the
of white Lillies, of each a like
y, and still them in a com-
ill, and give the quantity of

three or four spoonfuls of th
mingled with half a ha
Triacle, to any man or bea
bitten, within three dayes
biting, and for lack of the w
the juyces of these Hearbs
with Triacle, it will keep
from rankling; take Ditta
mony, and rusty Bacon,
them fine together, and la
the wound, and it will keep
rankling.

A proved Medicine for any
have an Ague in their Bo

Take the Patients own w
any others that is very you
set it on the fire, put therein
handful of Rosemary, and le
then take two red cloaths,
them in the water, then nip
and lay it on the Breast as
may be endured, & apply it
see the Breast asswaged, then
very warm.

To kill a Fellon.

Take red Sage, white So

hem, and lay it to the Fellon, will kill it.

To break a Fellon.

the grounds of Ale, and as Vinegar, the crums of leaven- d, and a little Honey & boil together, till they be thick, that hot to the joynt where lon is, and that will heal it.

Stevens *Soveraign Water.*

e a gallon of good Gascoign then take Ginger, Galingal, l, Nutmeg, Grains, Cloves, -seeds, Carraway-seeds, of drachm, then take Sage, Mints ses, Thyme, Pellitory, Rose- wild Thyme, Cammomile, der, of each one handful; then oth spices and hearbs, and m all into the Wine, and let tand for twelve hours, divers stirring them, then still that in beck, but keep that which you st by it self, for that is the best

bur

but the other is good also, so good as the first.

The Virtues of this w these, It comforteth the Sp tal, and helpeth the inward which come of cold; & the of the Palsie, it cureth the co on of Sinews, and helpeth ception of Women that be b killeth worms in the bod reth the cold Cough, it he tooth-ach, it comforteth the st it cureth the cold dropsie, i the Stone, it cureth shortly th ing breath, and who so us water enough, but not too preserveth him in good likin king him young.

Doctor Willoughbies *Wa*

Take Galingal, Cloves, C Ginger, Mellilot, Carda Mace, Nutmegs, of each a d and of the juyce of Celendine pint, and mingle all these m pouder with the said juyce, an

of good *Aqua vitæ*, and three of good white Wine, and put se together in a Still of glass, it stand so all night, and on rrow still it with an easie fire be.

Virtue is of secret nature, it eth the swelling of the *Lungs* t any grievance, and the same being wounded or perished eth and comforteth, and it h not the bloud to putrifie, he ever need to be let bloud that his Water, and it suffers not rt to be burn t, uor melanche- egm to have dominion above it also expelleth the Rheum, rifieth the stomack, it preser- e visage or memory, and de- the Palsie, and if this water n to a man or woman labou- wards death, one spoonful re- In the Summer time use week fasting the quantity of oonful, and in Winter two ls.

A Medicine

A Medicine for them that pain after their child-bed,

Take Tar, and fresh Ba grease, and boil it together, th Pidgeons dung, and fry it i grease and put it in a bag.

For the drink: Take a Malmsey, and boil it, and p berries and Sugar in it, & B ries must be of the whitest, therein some Sanders.

Take some fair water, an over the fire, and put some Malt in it, when they use thes they must keep their bed.

For the running of the Rei

Take *Venice* Turpentine in Sugar and Rose-water, it in pretty rouls, and put a Scarlet warm to your back.

For Codds that be swolle

Stamp Rue and lay there

To draw an Arrow head, or o Iron out of a wound.

Take the juyce of *Valerian*

you shall wet a Tent, and put
the wound, and lay the same
stamped upon it, then your
or binding as appertaineth,
y this means you shall draw
he Iron, and after heal the
as it requireth.

laister for a green Wound.

e flower and Milk, and seeth
together till it be thick, then
e white of an Egg and beat
together, and lay it to the
, and that will keep it from
ng.

For a Lark.

e an Egge and *Aqua vitæ*, &
with the Egg till it be dry:
e Cinnamon and Sugar and
the Egg.

him that hath a bunch or knot
his head, or that hath his head
len with a fall.

e one ounce of bay Salt, raw
three ounces, Turpentine
nces, intermingle all this well
upon

upon the fire, then lay it abr
on a linnen cloth, and there
a plaister, the which you shall
to the head, and it will altoge
swage the swelling, and hea
fectly.

Against the biting of any ve
Beast.

As soon as the person feele
self bit with any venemous B
at least, so soon as it is possib
him take green leaves of
and press the Milk of them
four times into the wound
this also serveth Mustard-see
gled with Vinegar.

A perfect Remedy for him that
wounded with any Sword or

Take *Taxas Barbatus*, and
it, and take the juyce of it, and
Wound bleed, wipe it, and
clean, washing it with white
or Water, then lay the said juy
on the wound, and the herb

take the juyce, upon it, then
our hand, and let it abide on
e day, and you shall see a
ful effect.
g to smell unto for Melancho-
cause one to sleep.
dry Rose leaves, keep them
a glass which will keep them
then take pouder of Mints
of Cloves in a grosse pouder,
the same to the Rose leaves,
all these together in a bag,
e that to bed with you, and it
ause you to sleep, and it is good
unto at other times.

For spitting of Blood.

the juyce of Bettony rem-
lth Goats Milk, and drink
three or four mornings to-

Ointment for all Sores, Cuts, Swellings, and heat.

a good quantity of Smal-
d Mallowes, and put thereto
ound of Bores grease, one
pound

pound of Butter, and oil of
foot a quantity, ſtamp them
gether, then fry them, and
them into an earthen pot,
it for your uſe.

A Salve for a new Hur

Take the whiteſt Virgins w
can get, & melt it in a pan,
in a quantity of Butter and
and ſeeth them together, the
them in a diſh of fair wate
work it in your hands, and
in a round Ball, and ſo keep i
when you will uſe it, work ſ
it between your hands, and
upon a cloth, and lay it up
ſore, and it will draw and hea

*Againſt the biting of a mad D
the rage or madneſs that follo
man after he is bitten.*

Take the bloſſome of flo
wild Thiſſels dryed in the ſha
beaten to pouder, give him to
of that pouder in white Win

W

he shell full, and in thrice ta-
he shall be healed.

st the grief in the Lungs, and
ning of blood.

e the Herb called of the A-
ary *Ungula Caballina*, in Eng-
olts-foot, incorporated well
e lard of a Hog chopped, and
laid Egg, boil it together in a
d give it to the Patient, to eat
is nine morninings, you shall
arvellous thing, this is also
o make a man fat.

spitting of Bloud by reason of
ein broken in the Breast.

ke Mise dung beaten into pou-
much as will lie upon a groat
it in half a glasfull of the
of Plantane with a little Sugar
so give the Patient to drink
in the morning before break-
nd at night before he go to
continuing the same, it will
him whole and sound.

For

For to cleanse the he

Take Pellitory of *Spaine*, the roots three dayes, a good ty, and it will purge the head away the Ach, and faſten the the gums.

A good remedie againſt the

Open a white loaf in th new baked, and ſpread it Triacle on both the halfe crown ſide, and heat it a then lay one of the halfs on of the diſeaſe, and the othe the other ſide of the body against it, and ſo bind t they looſe not, nor ſtir, leavi ſo, a day and a night, or Impoſthume break, whic ſometimes ſeen in two leſſe, then take away the br Immediately the Patient to ſpit and void the putref the Impoſthume, and after ſlept a little you ſhall give and with the help of Go ſhortly heal.

Pin, or Web in the Eye

two or three Lice out of
ad, and put them alive into
that is grieved and so close it
most assuredly the Lice will
the Web in the eye, and will
and come forth without any
it

dy to be used in a fit of the
tone when the water stops.

the fresh shels of *Snails*, the
will look a reddish colour
best, take out the snails, and
shels with a moderate heat
ven after the bread is drawn,
take *Bees* and dry them so,
t them severally into pouder,
ake twice so much of the Bees
as the snails, and mix them
gether, keep it close covered
alle, and when you use it, take
ch of this pouder as will lie
sixpence, and put it into a
of a pint of the distilled wa-
Bean-flowers, and drink it fa-

sting

sting or upon an empty s
and eat nor drink nothing,
or three hours after.

This is good to cause the
make urin, and bring away
vell or stone that causeth t
ping, and hath done very
good.

A Sirrup for the pain in the S

Take two good handfuls o
Rue, boil it in a quart of goo
Wine-Vinegar till it be half
med, so soon as it is through
strain it, and put to every
the liquor a pound and a qu
loaf-Sugar, and boil it till
to a Sirrup, when you use it,
good spoonful of this in the
ing fasting, and eat nor dr
thing for two or three hours
is good for pain in the stoma
proceeds of windy vapours,
excellent good for the Lun
obstructions of the *Breast*.

s for bruises, approved by the
Arundel.

black Jet, beat it to pouder,
the *Patient* drink it every
in beer till it be well.

Another for the same.

the sprigs of Oak trees, and
in a paper roast them, and
hem, and drink as much of
er as wil lie upon a sixpence
orning until the *Patient* be

To cause easie labour.

ten or twelve dayes before
king, six ounces of brown
ndy beaten to pouder, a
of a pound of Raisins of the
ned, two ounces of Dates
d sliced, half an ounce of
seeds bruised, a quarter of
e of Cowslip flowers, one
of Rosemary flowers, put
a fine lawn bag with a stine
hat it may sink into a pottle
Wine, let it steep four and
twenty

twenty hours, and after t
in the morning, and at fou
afternoon, and in the eveni
quantity of a wine glass full

A Cordial for the Sea

Take one ounce of sirr
Cloue-gilliflowers, one dra
Confectio Alchermes, one ou
a half of Borrage water, and
of Mint-water, one ounce
Mountfords water, and as
Cinnamon-water, temper
together in a Cordial, an
spoonful at a time when yo
Sea.

A Plaister to strengthen th

Take eight yolks of Eg
laid, one ounce of Fran
beaten into fine pouder,
them well together, put in
Barly flower as will make
for a Plaister, spread it on
lay it to the small of the ba
ting it lie nine hours,
plaisters one after another

it the Plaister in the midst, to
ay not lie on the back bone.

t remedy for a Woman with
that hath taken harm by fall,
fright, or any mischance.

stay the Child, & strengthen
one ounce of Pickerel jawes
ten and searced, of Dates
and *Bole armoniack*, of each
ce, of *Sanguis Draconis*, half
e, give of these, being well
and mingled together, a
Crown weight in *Musca-*
Malmsey, & let the Woman
very warm.

For a weak Back.

of red Lead half a pound; of
ead half a pound, boil these
plnes of Sallade oil in a pip-
irring them continually with
of Iron, until it be of a gray
then roul it up in rouls, &c.
or your use.

Oil of Saint Johns-*Wort.*

Take a quart of Sallade oil thereto a quart of the flowrs *Johns*-Wort, well picked, let thereln all the year, till the se ripe, the glasse must be kept w either in the Sun or in water Summer until the seeds b then put in a quarter of Sain Wort seeds whole, and so let i twelve hours, then you mus the oil eight hours, the glas kept open, and the water in full as high as the oil is of h the glass, then when it is cold it, that the seeds may not re the oil, and then put up the your use.

A green Salve for an old So

Take a handful of Gre as much Housleek, of M leaves a handful, pick and w herbs clean, but wash th then beat all these herbs in in boul as small as is poss rain out all the juyce, and

y of Hogs greaſe, as much as
gs, beat all theſe together a-
then put in the juyce again.
t in ten Eggs, yolkes and
, five ſpoonfuls of Engliſh
, and as much wheat flower
make all this as thick as a
and ſo ſtir it very well toge-
nd put it cloſe up in a pot that
no air, and ſo keep it for your

moſt excellent Pouder for the
ollick and Stone.

must take it morning and
before you go to bed,
Cæti one ounce and a half,
and Mace one quarter of an
Anniſe-ſeeds, and *Perſtone*,
wo ounces, Cinnamon, and
pper of each one quarter of
, Date ſtones a quarter of
e, Liquorice, Fennel, red
ay-berries, of each three
of an ounce, Acornes one
nd half of an ounce, Lilly
o drachms, the white of

Oyster shels burned in the fi
quarter of an ounce, beat all
into fine pouder, and drink as
thereof in Ale or Beer as will
a sixpence, and fast one hour
after it: If the party be sore g
take one handful of Parsly, and
it in Ale till half be sod away
twenty or thirty Prunes
strained, and put thereto two
fuls of this pouder, and d
mornings and evenings so
warm.

A present Remedy for the
of the Reins.

Take an ounce of Nutmeg
an ounce of *Mastick*, then
Nutmegs, and put them in
Rose Vinegar all one nigh
lay them in a dish to dry be
fire, then take the *Mastick* a
in Papers, and beat it with
mer very small, and put a litt
ral well beaten into it, and
Ambergriece, then ming

s together with Sugar, & make
asant to eat, and so take a good
ity morning and evening.

A salve for a green wound.

ke two handfuls of water-Dit-
two handfuls of Rosemary
very small, a quarter of a pint
rpentine, half a pound of yel-
Wax, a quart of Sallade Oil, half
of white Wine, boil all these
ther while the white Wine be
consumed, then it will be green
come to the height of a Salve.

proved Medicine for a burning or
ing by lightning or otherwise.

te Hogs grease, or Sheeps trea-
and Alehoof, beat these very
together, then take more Hogs
, and boil it to a Salve.

To use it.

oint the place grieved with this
ment, and then lay upon the
o annointed Colewort leaves,

which must be boiled very so
water, and the strings made s
with beating them with a Rest

*A Powder for the green Sic
approved with very good
upon many.*

Take of Cloves, Mace, Nut
of each one quarter of an ounc
them severally, and then alte
very well, fine sugar very small
en, one quarter of a pound, an
mix and beat them all four to
Pearl the sixt part of half an
finely beaten, mingle it with t
and beat them altogether agai
filing of Steel or Iron an ounc
a quarter, sift it very fine, & m
it with the rest, but if so s
quantity will not serve, adde a
ter more of the mettal, let it be
before you weigh it, but if a
will not serve the turn, put in
Rubarb, or a little Aloe sacatr

The manner of using this Pouder

the morning when you rise, take
spoonful of it, as much at four
ck in the afternoon, & as much
you go to bed, walk or stir
after the first taking of it, I
n every morning and evening,
one hour after the taking of it,
ore, and then eat some Sugar
or thin broth.

The Patients Diet.

e must forbear Oatmeal in
or any other thing, Cheese,
, Custards, or any stopping
: take care that this be not gi-
to any Woman that hath concei-
or is with-Child.

A drink to stanch blood inwardly.

Take the juyce of one handful of
heards purse, of Parsley, and
-finger, of each as much, take
slips of Egrimony, strain all
juyces into the milk of a red
, and drink thereof early and
warm.

A Pouder to keep the Teeth
and from worm-eaten.

Take Rosemary burned to
Cuttles bone, Harts horn bu
to pouder, *Sal Gemmæ* twelve-p
weight, the flowers of Pomegra
white Coral, of each a six-p
weight, make all these in pouder
with a little Rose-water, and a
leaf rub the Teeth.

A Salve to heal all manner of
and cuts,

Take one pint of Turpentin
pint of oil Olive, a quarter of
of running water, nine branch
Rosemary, one ounce of unwr
Wax, two ounces of Rosat, set
these together in a little pan ov
fire, let it seeth until there
little white scum upon it, then
with a stick, suffering it to boil
one quarter be consumed, then
it from the fire, strain it thr
a clean cloth, but it must be
quickly after it be taken from th
for cooling, after you have str

an earthen pot, let it cool, and
t for your use.

ake Oil of Sage, good for the
grief in any joynt, or for any ach.
ke Sage and Parsly, seeth them
oil Olive, till it be thick and

Medicine to purge and amend the
ert, Stomack, Spleen, Liver
ngs, and Brain.
ke-Alexander, Water-cresses,
Mallows, Borrage, and Fen-
oots pared, *Mercury*, Harts-
e, and Clare, and make of
Pottage.

drive infectious diseases from
heart.
e Mithridate, and Century,
two ounces, eight spoonfuls
agon Water, one pint of white
seven spoonfuls of *Aqua vitæ*,
altogether a little, strain it,
t it on the fire again a little
and drink of it morning and

For the Tooth-ach.

Take Pepper and Graios, one ounce, bruise them, and pound them with the water diseased, & make it of a goodness, and lay it outward cheek against the place grieved, it will help it for ever after,

Another.

Take dryed Sage, make of it, burnt Allum, Bay Salt make all in fine pouder, and the tooth where the pain is, and rub the gums with it.

For the Strangullion or the

Take the inner rind of a ash, between two or three growth, dry it to pouder, and of it as much at once, as will lie sixpence in Ale or white Wine, it will bring present remedy party must be kept warm two after it.

For the Stone.

Take the stone that groweth in the gall of an Oxe, grate it,

...ink of it in white Wine, as much ...ill lie upon a sixpence at once, ...want of white Wine make a pos- ...of Ale, and clarifie the Ale from ...curd, then boil one handful of ...kory therein, and drink of the ...uder with it.

For the black jaundies.

Take earth-Wormes, wash them ...hite Wine, then dry them, and ...them into pouder, and put to a ...Saffron, and drink it in beer.

A drawing Salve for an old Sore.

Take Rosin half a pound beaten ...uder, sheeps tallow a quarter ...a pound, melt them together, ...pour them into a *Bason* of wa- ...and when they begin to cool a- ...work them well with your ...in the water, and out of the ..., drawing it up and down the ... of one hour till it be very ..., then make it up in rouls, and ...e it, to strike thin Plaisters up- ...ld Sores.

A Water to wash Sores with

Take Wormwood, Sage, Pl... leaves, of each one handful, A... two ounces, Honey two saucers... boil all these together in three... of water till half be consumed, ... strain it, and reserve that liqu... wash the sore withal."

A Medicine to cure the Gan... the throat.

Take a pint of *May* Butter, ... put it on the fire in a posnet, a... into it of the inner bark of Elde... good handful, & some Daisies ... seeth it to half the quantity, ... strain it, & so keep it cool, tak... ointment and annoint your th... then take the ointment, and sp... long plaister with it very thick ... ointment, then strike upon the ... ment the best Jane triacle, and ... on that strew grosse pepper ... thick, strike it on with a knife, ... the plaister, and bind it round ... thout to your ears, renew it o...

with the ointment, and the Tri-
and pepper, and lay it on again,
ore you use this ointment, scour
r mouth and throat with the
ter of Roach Allum burned, mix
ith the pouder of *Madder* or
per.

For the Hearing.

Take an Onion, take the core out
, fill it with pepper, slice it in the
st, being first wrapt in paper
roasted in the embers, lay it to
ear.

ad Child in a Womans Body.

Take the juice of Hyssop, temper
warm water, and give it the
man to drink.

Woman that hath her Flowers too much.

Take a *Hares* foot, and burn it,
pouder of it, and let her drink
h stale Ale.

A Medicine for the Gout.

ake Tetberry roots, and wash
scrape them clean, and slice
them

them thin, then take the greas
Barrow hog, the quantity of
alike, then take an earthen pot,
lay a lane of grease in the bot
then a lane of roots, then the
again, and so roots and gre
the pot be full, then stop the p
ry close, & set it in a dunghil
twenty dayes, then beat it alto
in a boul- then boil it a good
then strain it, and put in a p
worth of *Aqua vita*, then an
the place grieved very warm a
the fire.

A Diet drink for the running
ach in the joynts, and for a
fections.

Set seven quarts of water o
fire, and when it boileth, put th
four ounces of *Saraparilla* bru
and let it boil two hours very s
close stopped or couered, then p
four ounces of Sene, three ounc
Liquorice bruised, of *Stœcados*,
modactil, *Epithymum*, and of C
nomil flowers, of every one h
ou

and so boil all these two
very softly, then strain it, and
in a close vessel close stopped,
it is cold, then boil again all
foresaid Ingredients in seven
of water four hours, with a
re close covered, then strain it
eep it as the other by it self, &
the first a good draught one
before you arise in the morn-
and a draught at the beginning
nner, and another at supper,
oing to bed, and at all other
drink of the latter when you
nd eat no meat but dry roasted
on, Capon, Rabbet, without
and not basted, but to your
ast, a poached Egg, no bread,
Bisket, or dyet cruft, and a
Raisins of the Sun, and bisket
drink no other drink but this.

Plaister to heal any Sore.

of Sage, Hearb-grace, of
like quantity, Ribwort, Plan-
tain

tain, and Daisie roots, mo
half so much of each of them
Wax, fresh grease, and rosin
it a Salve, if the flesh grow
then put alwayes upon the p
before you lay it to the sore,
Allum, and it will correct th

To cause a Woman to have her

Take Egrimony, *Moth*
Avens and *Parsly*, stired then
with oatmeal, make porage
with pork, let her eat the P
but not the Pork.

For the Stone.

Take the green weed of th
which is brought with Oisters,
it, and dry it to ponder, drink
Malmsey fasting.

To kill Wormes.

Take Aloe succatrina two o
let it stand in a quart of M
eight hours, drink it morni
evening.

hot Rheum in the Head.

Rose water, Vinegar, and oil, mix them well together, it to the head warm.

For a Lask.

the nether jaw of a Pike, to ponder and drink it.

Ipch, or any scurf of the body.

Elecampane roots or leaves, them, and fry them with fresh strain it into a dish, and an- Patient.

ne that is bruised with a fall.

Horse dung, and Sheeps them together, and apply it me place, being laid upon a

For the Emerhoides.

Hops and Vinegar, fry gether, and put it into a little d lay it as hot as may be to the Fundament, divers after another, and let one at it.

For

For one that is burned wi
pouder or otherwise.

Take one handful of Gr
twelve heads of *Houſleek*,
of Gooſe dung, as much C
dung, of the neweſt that may
ten, ſtamp the Hearbs as
you can, then put the dun
morter, temper them toget
a pottle of Bores greaſe, labo
together half an hour, and
through a Canvas bag wi
ſtick into an earthen pan,
when need requireth, it will
year.

To heal a Prick with a nail

Take two handfuls of C
as much Orpen, cut it ſm
boil it with oil olive, & u
Wax, then ſtrain it and uſe

To ſtop the bleeding of a cut

Take Hop, ſtamp it,
into the wound, if Hop

hen put to it Vinegar with the

For a Scald.

e the leaves of ground Ivie, ndfuls, Houlleek one hand- ſh them and ſtamp them in a Morter very ſmall, and as you hem, put in a pint of creame e and little, then ſtrain it, and n a pot with a feather, take of nd annoint the ſcalded place, hen wet a linnen cloth in the inment, and lay it on the and over that roul other

An Ointment for a Tetter.

ke *Sal armoniack* one ounce, into fine pouder then mix it Sope and freſh greaſe, of each nces, make an ointment and e the place.

For the finging in the Head.

ke one Onion, cut out the core ll that place with the pouder mmin, and the juyce of Rue, the top again, and roaſt the Onion

Onion in embers, then put
out-side and put it in a clot
out the juyce, take black we
it in, put this into thine e
the singing is, and if it b
sides, then serve one after an

A Drink for one that is
misdoubting a Consumpt

Take three handfuls of
ry, bruise it a little, and
paste, bake it in an Oven
well dryed, then cut the pa
take forth the Rosemary, in
two quarts of Claret wine,
ounces of good Triacle, o
of Nutmegs, of Cinnam
Ginger of each half an ou
sed, let them stand infused t
and one day, then distil it i
beck, drink hereof one spo
two next your heart.

A drink for the Plague.

Take red Sage, Hea
Elder leaves, red Briar l
each one handful, stamp t

hem with a quart of white
nd then put to it *Aquavitæ*
nger, drink hereof every
one spoonful, nine morn-
ther, & it will preserve you.

r a Bruise or Stitch.

he kernels of Walnuts, &
ts, Figs, Rue, of each one
white Salt the quantity of
lnut, one race of Ginger,
nful of Honey, beat them
her very fine, and eat of it
four times every day, make
r of it, and lay it to the place

for one that hath a Rupture.

Comfrey one good hand-
d Daſie roots as much, and
of knotted graſs, ſtamp all
gether, and ſtrain it with
y, and give it to the Patient
morning and evening nine
lood-warm: If it be a man
h been long ſo, he muſt lie
yes upon his back, and ſtir
as he can: If he be a
child

child, he must be kept so ... ing as you may for nine d... you think the drink too st... the child, give it him but fi... in *Malmsey*, and the rest ... Ale, have care that the part... good Truss, and keep him ... one whole year at the least.

A Plaister for a Rupture.

Take the juyce of Comfe... Daisie roots, and knotted g... each a like quantity, fresh bu... unwrought Wax, of eac... quantity, clarifie them several... ake of the roots of Comfery, ... nd make pouder of it; take t... der of Anise seed, and C... seed, but twice as much C... seed as Anise seed, boil th... ders in the Butter and unw... Wax on a soft fire a good wh... put in your juyce, let it boil ... or two, so take it from the fir... altogether till it be cold; take ... and spread it, and lay it to h... as hot as he can suffer it, and

e whole: this plaister is most
for a Child that is burst at
ill.

RIOSA CVRA.

Water for a Cut or a Sore.

Honeysuckles the knots nipt
wers of Celendine, flowers of
e, of each three spoonfuls,
nger, Comphery such as is to
nes, Daisies with the roots
Ladder of *Heaven*, Blef-
Rosemary, Setwel, Hearb-
mallage, red Roses with the
on, or else red Rose cakes,
ongue, of each of these one
, seeth all together in six gal-
water that runneth towards
, until two gallons be sod in,
ain them, and put to the wa-
e quarts of *English* Honey,
nd of Rock Allum, one pen-
of Madder, one penniworth
Pepper, seeth altogether
gallon be consumed, then
he water.

For

For a Wind-Collick.

Take the flowers of Walnu
dry them to pouder, & take o
in your Ale or beer, or in your
as you like best, and it will he

To make a Soverain Oil of
For the nummed Palsie.

Take a Fox new killed, case
bowelled then put into the bo
Dill, *Mugwort*, Cammomil,
pits, Southernwood, red *Sage*
ganum, Hop, *staecad*, Ros
Costmary, Cowslip flowers,
Bettony, sweet *Marjoram*, o
good handful, chop them sm
put thereto of the best oil of
Dill, and Cammomil, of ea
ounces, mix the hearbs and
gether, and strow over them
nitum a good handful, put t
into the Fox, and sew up h
close, and with a quick fire re
and the oil that droppeth o
most singular oil for all *P*
numness. Approved.

comfort the Brain, and procure
eep.

ke browu bread crums, the
tity of one Walnut; one Nut-
eaten to pouder, one drachm
nnamon, put these into a Nap-
ith two spoonfuls of Vinegar,
poonfuls of Rose water, and
womans *Milk*.

For the weakness in the Back.

ke the pith of an Oxe back;
into a pottle of water, then
to a quart, then take a hand-
Comfery, one handful of
d grass, one handful of *Shep-*
purse, put these into a quart
er, boil them unto a pint, wi h
es boiled therein.

Canker in any part of the Body.

e Filberd Nut leaves, Layen-
ton, Southerwood, Worm-
age, Woodbine-leaves, sweet
leaves, of each alike quantity,

of Allum, and Honey a goo
tity, seeth all these till the
sodden, wash the sore with it.

For an old Bruise.

Take one spoonful of
of Tansie, and as much N
penniworth of *Sperma Ce*
into a little *Ale*, and drink it

Oyle of Foxes, or Badgers,
in the joynts, the Sciat
cases of the Sinews;
of the Reins and Back.

Take a live Fox or Badge
middle age, of a Full body,
and fat, kill him, bowel and s
some take not out his bow
onely his excrements in h
because his guts have muc
about them, break his bon
that you may have all the
this done, set him a boiling
Brine, and Sea water, and s
of each a pint and a half, of
pints, of Salt three ounces
end of the decoction pu

aves of Sage, Rosemary, Dill,
ny, Marjoram, and Juniper
s, and when he is so sodden
is bones and flesh do part in
r, strain all through a strainer,
eep it in a Vessel to make Li-
nts for the ach in the joynts,
itica, diseases of the Sinewes,
ins of the reins and back.

make the Leaden Plaister.

ke two pound and four oun-
oil-Olive of the best, of good
ead one pound, white Lead one
well beaten to dust, twelve
s of Spanish-Sope, and in-
rate al these well together in an
n pot, well glased before
ut them to boil, and when they
ll incorporated, that the Sope
h upward, put it upon a
fire of coles, continuing the
r the space of one hour, and an
still stirring it with an Iron
pon the end of a stick, then
he fire somewhat bigger, un-

till the redneſs be turned into
colour, but you muſt not leav
ing till the matter be turne
the colour of oyl, or ſomewha
ker, then drop of it upon a w
trencher, and if it cleave not
finger it is enough, then mak
into rouls, it will keep twenty
the older the better.

The virtue of the Plaiſter.

The ſame being laid upo
ſtomack provoketh appetite,
keth away any grief in the ſto
being laid on the belly is a
remedy for the Chollick, an
unto the reins of the back, it
for the bloody flux, running
Reins, the heat of the Kidnie
weakneſs of the back, the
healeth all ſwellings, bruiſes
taketh away Ach, it breaks
puſhes, and other Impoſt
and healeth them, the ſame dr
out any running humour, w
breaking the skin, and being a
to the fundament, it heale

ase there growing, being laid on
ead is good for the Uvudla, it
eth the head-ach, and is good
he eyes.

For a pricking of a Thorn.

ake fine Wheat-flower boulted,
per it with Wine, and seeth it
, lay it hot to the Sore.

A Medicine for the Plague.

ake a pint of *Malmsey*; and
it well, then take about six
nfuls thereof, and put to the
ntity of a Nutmeg of good
acle, and so much spice grains
en as you can take up with the
of your two fingers, mix it to-
er, and let the party sick drink
oud warm, if he be infected it
procure him to cast, which if he
give him as much more, and so
gain and again, observing still
e quantity till the party leave
ng, and so after he will be well
e cast not at all, once taking it
gh, and probably it is not the
es, after the party hath left

casting, it is good to take a con
tent draught of burnt Malmſe
Jone with Triacle and grain
will comfort much.

Another Medicine for the Pl

Take of Setwel grated one
of Jane-Triacle two ſpoonfuls,
Wine-Vinegar three ſpoonfu
fair water three ſpoonfuls, mak
theſe more than Luke-warm,
drink them off at once, well ſte
together, ſweat after this ſix or ſe
hours, and it will bring forth
Plague ſore.

To break the Plague ſore.

Lay a roaſted Onion, alſo ſee
white Lilly root, in milk, till it b
thick as a poultes and lay it to
ſame, if theſe fail, launce the ſor
ſo draw it and heal it with ſalves
botches, or Biles.

To make a Salve to dreſs any Wound.

Take Roſin and Wax of
half a pound, of Deer Suet,
Frankincenſe of each one qua

pound, of Mastick in pouder
ounce, boil all these in a pint of
er Wine half an hour with a soft
and stir it in the boiling that
not over, then take it from the
and put thereto half an ounce
mphire in pouder, when it is
ft cold, put thereto one quarter
pound of Turpentine, after all
be mingled together, then put
to white Wine, and wash it as
wash Butter, and then as it cools
e it up in rouls.

A most excellent water for sore Eyes.

Take a quart of Spring water, set
on the fire in an earthen Pip-
then put into it three spoonfuls,
hite Salt, and one spoonful of
te Coperas, then boil them a
tter of an hour, scum it as it
h boil, then strain it through a
linnen cloath, and keep it for
r use.

When you take it you must lie

down upon the bed, and dro
drops of it in your eye, so re
quarter of an hour, not wiping
eyes, and use it as often as nee
require.

If the eye have any Pearl or
growing upon it, then take a h
ful of red double Daisie leaves,
stamp them and strain them thro
a linnen cloath, and drop thereof
drop into your eye, using it t
times.

A Plaister for one that is bruise

Take half a pint of Sallade
or Neats-foot Oyl, half a pi
English Honey, two or three pe
worth of Turpentine, a good qu
tity of Hogs grease, two or t
penniworth of *Bole Armoni*
half a pint of strong Wine Vin
half a dozen of Eggs, the
beaten very small, one handfu
white Salt, put all these toget
into an earthen pot, and stir
mingle them together exceed
well, then as much Bean-flower.

Wh

eat flower as will thicken it
ker-wise, then with your hand
e it on the grieved place once
y, and by Gods help it will ease
fore that cometh by means of
king, wrinching, bruising, or o-
kind of swelling that proceed-
of evil humours.

Balm-water for a Surfeit.

Take two gallons of strong Ale,
one quart of Sack, take four
nd of young Balm leaves, and
them, then take one pound of
lse-seeds, and as much Liquo-
beaten to pouder, put them all
the Ale & Sack to steep twelve
s, put it into a Limbeck, and so
it, it is good for a surfeit of
er for to comfort the heart, and
n Ague.

Restorative water in sickness, the Patient being weak.

ake three pints of very good
milk, & put thereto one pint of
good red Wine, the yolks of 21
, and beat them together, that

done, put in as much fine Ma
as ſhall ſuck up the *Milk* and W
then put the ſame into a fair ſt
tory, and ſtill it with a ſoaking
and take a ſpoonful of his wat
your Pottage to dring, and th
one or two moneths will preven
Conſumption.

To make a Caudle to preven
Lask.

Take half a pound of unblan
Almonds, ſtamp them, and ſt
it into a quart of Ale, and ſet it
the fire, then take the yolks of
Eggs, and make it for a Caudle,
ſo ſeaſon it with a good quanti
Cinnamon and Sugar, and eat
very morning at breakfaſt.

For one that cannot make water,
to break the Stone.

Pare a Reddiſh root, and ſ
it then, and put it into a pin
white Wine, and let it infuſe ſix
ſeven houres, then ſtrain it, and
it on the fire; and put thereto
Parſly root, and one ſpoonful

Pa

sley-seed, and half a handful of
kory of the Wall, and seeth it
l half be wasted, and give it luke-
m to drink.

e Diet against Melancholly.

ake *Sene* eight ounces, Rubarb
rachms, Polipody of the Oak,
sparilla, and Madder roots, of
four ounces, Annise-seeds,
nel-seeds, *Epithymum*, of each
ounce, Mace, Cloves, and
meg, of each two ounces, E-
ony, *Scabios*, and red Dock
s of each one handful, make
all small, and put into a long
ow bag or boulter, hang it in a
l of Ale that containeth six
ns, when it is a week old, drink
rning and evening for the space
e fortnight, keep you all that
warm, and a good Diet.

A Sirrup to open the Liver.

ake Lungwort, Maidenhair,
mony, *Scabios*, of each one
ful, Ch[illegible]mepitis, Hyssop of
each

each a dozen Crops, Endive, T
Succory, of each three or four half a
of young Fennel & Parsley, of us,
one root, one stick of Liqu feeds
one spoonful of Barberries oser
washed, one spoonful of A dful,
seeds, twenty Raisins of the ree
stoned: boil all these in a bot Al
water to a quart, then strain it, soft
put thereto of the best Sugar An
quarter of a pound, Conserve of ke
cles one ounce, and so boil nwo
long as any scum ariseth, then s and
it again, and use this very warm gr
be
For one that cannot make water. eep
Take the seeds of Parsley, of
Fennel, of Saxifrage, of C A
ways, of the kirnel of Hip-ber ke
of each alike quantity, put in s four
pouder of Jet, mingle these, be nd
beaten to pouder, well together, into
drink it in the Ale luke warm the
To make Aqua Composita. n yo
Take of Annise-seeds and l lt,
quorice bruised, of each ha o
pou

d, Thyme, and Fennel, of
alf a handful, Calamint two
uls, Coriander, and Carra-
eeds bruised of each two oun-
osemary, and Sage of each half
dful, infuse these a whole night
ree gallons of red Wine, or
Ale, then still it in a Limbeck
soft fire.

An Ointment for a Swelling

ake of *Marsh*-Mallowes, of
nwood, of Smallage, of each
andful, boil it with one pound
e grease of a Barrow Hog un-
be very green, then strain it
eep it very close. *Lady Paw-*

A Plaister for the Back.

ake half a pint of Oyle of Ro-
four ounces of white Lead
nd into fine pouder, put your
into a clean *Posnet*, and set
the fire, and when it is warm,
n your white Lead, ever stir-
it, then put into it of your
one quarter, stir it until it

be

be black, then take it from the
and in the cooling put thereto
penniworth of Camphire of w
Sanders, and yellow Sanders,
each the weight of fourpence,
Bole and *Terra figilata*, of each
penny weight, in fine pouder all,
ſtirring it till it be almoſt cold,
ſo make it up in rouls: uſe it as
requires, for all weakneſs, waſti
or heat in the Kidneyes. *Craniſh*,

To make Oyl of Swallowes.

Take one handful of *Moth*
Thyme, of Lavender-cotton,
Strawberry leaves, of each al
four Swallowes, Feathers and al
gether well bruiſed, three ounc
of Sallade oyl, beat the Hearbs,
the Swallowes, feathers and altog
ther, until they be ſo ſmall that y
can ſee no feathers, then put int
oyle, and ſtir them well together,
ſeeth them in a Poſnet, and ſtra
them through a canvas cloath and
keep it for your uſe.

F

Thorn, Fellon, or Prick,

ke the juyce of Fetherfew, of
llage, of each one saucer full,
toit as much of Wheat-flower,
ill make it somewhat thick,
put to it of good black Sope
uantitie of a Walnut, mingle
together and lay them to the

drink for one that hath a Rupture.

ke the Comfit, otherwise call-
Bonesel, a pretty handful, of
odbitten as much, Bread, Plan-
, and leaves of Cammock, some
more than a handful, of Ver-
s much as of the Cammock, of
ie roots a small quantity, of El-
tops, or young buds, the least
ntity, stamp all these together
put unto them, being stamped
pint of pure white Wine, then
in it and drink of it morning &
ning, one hour or more before
kfast or Supper, a good draught
d warm.

To

If it be a ſucking Child, Nurſe drink poſſet-ale of the ſaid drink, and let the Chi immediately, if he be an ol let him take it lying in his be daies, if it may be convenient otherwiſe to uſe no ſtraining

For a Lask or Flux.

Take one quart of red Wi much running water, one ou Cinnamon, ſeeth theſe half and give the *Patient* ſix ſpoo to drink morning and eveni you think it to be two harſh pu piece of *Sugar.*

A Lotion water for the Ca

Take one gallon of pure w ſour handfuls of Woodbine, *Marigolds*, and Tetſull, of two handfuls, of Celendine, R Sage, and Egrimony, of each handful, boil all theſe to a qu then ſtrain it, and put thereto great ſpoonfuls of the beſt Eng Honey, and one ounce of Ro

All

n, boil them all again as long
lcum ariseth, then take it off,
t it in a close bottle, and use
d-warm when need requireth.

For the Mother.

ke three or four handfuls of
that groweth upon a House,
it in Renish Wine till it be
odden, then put it in a linnen
, and lay it to her Navell, as
she may suffer it, four or five

A Water for all old Sores.

ke Honeysuckles, water-Be-
Rosemary, Sage, Violet-leaves
-leaves, cut them all small to-
r, and seeth them in a quart of
ng water, put thereto two
fuls of Honey, and a little
m.

me that hath a great heat in his emples, or that cannot sleep.

ke the juyce of Houslek, and
nice, of each one spoonful, of

Womans

womans Milk six spoonfuls them together, and set them Chafing-dish of Coals, a thereto a piece of Rose-cake, it to your temples.

To quench or slake your thi

Take one quart of running ter out of the brook, teeth it scum it, put thereto five or six fuls of Vinegar, a good qu of Sugar and Cinnamon, t four Cloves bruised, drink it warm.

For one that hath a great hea hands and stomack.

Take four Eggs roast hard, peel them, lay them in V gar three or four hours, th the sick-man hold on either one of them, and after some change them and take the other, it will allay the heat.

Against all Aches especially Womans Breast.

Take Milk and Rose-leaves, set them on the fire, and put the

al, and Oyl of Roſes, boil
ill they be thick, and lay it
der the ſore, and renew it ſo
e alwayes hot.

the Ptiſick and dry Cough.

e the Lungs of a Fox, beat
powder, take of Liquorice
gar-candy a good quantity,
quantity of Cummin, mix
ll well together, and put them
adder, and eat of it as often
think good in a day.

o take away Warts.

e Snails that have ſhels, prick
and with the juyce that
eth from them, rub the Wart
day for the ſpace of ſeven or
dayes, and it will deſtroy them.

perfect water for the ſight.

Take Sage, Fennil, Vervil,
ay, Eye-bright, *Pimpernell*,
uefoil, and Hearbgrace, lay
ſe in white Wine one night,
t in a ſtillatoty of glaſſe, this
t did reſtore the ſight of one
as blind three years before.

To

To restore the hearing.

Take Rue, Rosemary, Sage, ... yain, Majoram, of each one ... of Cammomil two handfuls, ... them, and mould them in Rye ... make thereof one loaf, bake ... ther bread, and when it is ... break it in the midst, and as ... may be suffered, bind it to you ... and keep them warm and cl... day or more, after it be taken ... forbear ye to take cold.

For a Fellon in the Joynt

Take Rue, Featherfew, ... grease, Leaven, Salt, Honey, ... of Sage, shred them altogether ... then beat them together, and ... to the sore place.

To comfort the Brains, and cure sleep.

Take a red Rose-cake, ... spoonfuls of white-Wine Vi... the white of one Egg, three s...

Womans Milk, ſet all theſe
Chafing-diſh of coales, heat
and lay the Roſecake upon
, and let them heat together,
e one Nutmeg, and ſtrew
e Cake, then put it betwixt
oathes, and lay it to your fore-
warm as you may ſuffer it.

edicine for a ſore head with a ſcald.

e one peck of Shoo-makers
, ſet them over the fire in a
pan, put water to them, and
them ſo long as any Oyl will
and evermore be ſcumming
Oyle, then take Plaintain,
ort, Houſleek-leaves, ground
Knotted graſs, wild Borrage,
n, Hearb-Bennet, Smallage,
ll leaves, of every one alike
ity, and beat them in a morter,
rain them, then take half a
worth of Roſin, half a penni-
of Allum, a little Virgins
beat them and put them in

to a pan, and ſet it over the
thereto the Herbs and
let them ſeeth till all be
ſtrain them into a pan,
them till they be cold, and
to a box for your uſe,
dreſs your head, heat a
ſaucer, annoit it every day
pul out the heirs that ſtand
and with a linnen cloth
the corrup ion.

A Salve for a green wound, old Sore.

Take the leaves of gre
bacco two pounds, of Valer
pound, beat them very ſmal
ſtrain them, and take th
thereof, put one pound of
Wax, one pound of Roſi
pound of Deer Suet, boil th
gether till they be very gree
when it is cold; put to it a
of a pound of Turpentine,
it for your uſe.

the running of the Reins.
Approved.

the Rows of red Herings,
m upon the coles till they
to pouder, then give it to
ient to drink in the morning
, as much as will lie upon a
in five spoonfuls of Ale or
e he never so weak.

he burning and pricking in the Soles of the Feet.

e half a pound of *Barrowes*
two handfuls of *Mugwort*
d very small, boil it with
rowes grease upon a soft fire,
space of four hours, then
it from the Mugwort, and
up in an earthen thing for
le, and annoint your feet as
to bed.

edicine for any heat, burning, or Scalding: Approved

e half a pint of the best
you can get, and set it in a
ner, upon the fire, then take
od handfuls of Daisie roots,
leaves

leaves and all, clean washed, very finely shred, put them in same Posnet, and boil it up fire, until it be a clear Oil then strain it through a cloath keep it for your use.

To make Aqua Composita *for a Surfeit, or a cold Stomach to avoid Flegm, and glut from mack.*

Take one handful of Rose one good root of Elecampane handful of Hop, half a hand Thyme, half a handful of Sa good crops of red *Mints*, much of *Pennyroyal*, half a full of Harehound, six cro Majoram, two ounces of Liq well bruised, and so much o nise-seeds, then take three gall strong Ale, and put all the aso things, Ale and Hearbs, into pot, then set them upon the fir set your Limbeck upon it, a it close with paste, that ther no aire out, and so keep it

e, as other *Aqua vitæ.*

For an ach in the Joynts.

e clarified Butter a quarter
ound, of Comm in one pound,
Sope a quarter of a pound,
andful of Rue, Sheeps-suet two
, Bay-salt one spoonful, bray
gether, then fry them with the
an Oxe, spread it on a plai-
nd lay it on as hot as you can,
t lie seven dayes.

Plaister to lay to the Head for a
eum which runneth at the eyes.

e the pouder of Rose-leaves,
ater, and Bettony-water, of
like quantity, and a little Vi-
put your pouders into the
and Vinegar, still them and
them, and make them in a
, and put to it a little pouder
sigilatæ.

to be used with the Plaister
ld for the same purpose.

e one quart of new Milk,

two pound of green Fennel, a
ter of a pound of Eye-bright,
Hearbs and Milk into a Still
caſt half an ounce of Cam
thereon, and with this wate
your eyes and temples.

For the Emeroids approved.

Take a piece of tawny cloth,
it in a Frying-pan to ponder,
beat it in a mortar as fine as m
ſearce it, then lay it on a brow
per, and with ſpittle make it pla
wiſe, and lay it to the place, and
it up with cloaths,

To break any ſore.

Take hot bread to the quanti
a farthing loaf, grate it, put th
Sallade-oil three or four ſpoon
and a pint of milk, and ſeeth
together to a good thickneſs, ſp
it on a cloath, and lay it to th
Inſtead of Sallade-Oyl you m
Deer-ſuet.

Bath for an Ach in the Back and Limbs.

ake Mugwort, Vervain, Feather-Dill, Rosemary, Burnet, Tun-, Horehound, and white Mints, el, and Sage, of each one hand-seeth all these in four gallons of ning-water, and let it seeth till gallon be wasted, then bath your with it five nights together.

Medicine for any Joynt that is numb with any Ach, approved.

ake Vergin-Wax one ounce, digriece half a quarter of an e, Brimstone, Sope, oyl of Eggs, llum, of Honey, of each a like tity, temper them altogether & upon the place griey ed some-warm.

A Medicine for a Fellon of any Finger.

ke as much Bay-salt as an Egg, it in gray paper, lay it in the ers a quarter of an hour, then

beat it in a Mortar very fine,
take the yolk of a new laid Eg
It with this pouder untill it
ſtiffe; ſpread it upon a cloath
upon the joynt griev'd twen
hours, and ſo dreſs it three ti

For a Boil or Puſh.

Take the yolk of a new laid
a little Engliſh Honey, put
the ſhell to the yolk, put in a
Wheat meal as will make it to
then take one branch of Ru
one of Fetherfew, ſhred the
fine, and put it to the ſame *Me*
ſtir them very well together,
it upon a piece of leather, and
to the place grieved.

*An Electuary to cauſe good dig
and to comfort the Stomack.*

Take Setwell, and galling
each three ſlices, Nutmegs,
ger, and Cinnamon, of eac
ſlices, three *Bay*-berries ſlice

usked, three slices of Liquo-
half a spoonful of Annise-seeds
dusted, one long Pepper cut
, white Pepper six grains, as
black Pepper, beat them all in-
rosse pouder, then put thereto
rains of Musk, one grain of
ergriece, then take Mint-wa-
nd Sugar, boil them together,
hen they are come to the right
ction of thickness, put in those
ers above mentioned in the
ng with a little Conserve of
mary-flowers; of this take the
xity of a Nutmeg, half an hour
e you eat or drink at meals.

A Pouder for the Rheum or sore Eyes.

oil one pint of hop-water, made
the Hop is in the flower, till it
alding hot, then put into it half
und of Liquorice in very fine
der, the water being taken from
re, for the Liquorice must not
in the water, stirre them toge-
ther

ther till the water be clean co
med, then add to them of An
seeds, and Fennel-seeds, of each
a pound made into very fine
der through a Searce, Ang
roots, Elicampane-roots, and le
and flowers, of Eye-bright made
very fine pouder, of each one o
and half, mingle these toge-ber
so keep it close, and when you
this powder, weigh out of the w
quantity two ounces, where
add as much good *Aqua vitæ* a
moisten it, or Angelica-water
Rosa solis, to keep it from being
sty, set it near the fire, eat of
pouder at any time as much a
mey take up with a groat, and
special good for the Rheum,
cold, or for sore eyes. Mr. *Bend*

A Salve for any Wound.

Take Rosin, Petrosin, Wa
each eight ounces, of Sheeps-
and Frankincense, of each
cu

…es, one ounce of Mastick made …der, boil all these in a pint of …-Wine half an hour, then take …m the fire, and put thereto half …nce of Camphire in pouder, …n it is almost cold put thereto …unces of Turpentine, and …lt up in rouls, but before it …uled you must wash it up in …ing water. A. T.

…w to deliver a Child in danger.

…ke a Date stone, beat it into …der, let the Woman drink it with …, then take Polipody and em…er it to her feet, and the Child …come whether it be quick or …, then take Centory, green or …give it the Woman to drink …Wine, give her also the milk of a…et Woman.

…most singular syrrup for the Lungs, and to prevent a Consumption.

…ake Egrimony, Scabios, Bor…, Bugloss, of each twenty …es, Sole-foot, Lungword, Mai…

Maiden-hair, of each half a h
Succory and Endive, of e
leaves, of *Carduus Benedictus*,
hound, Nip, of each four cr
set Hop half a handful, F
roots, Parsley-roots, Smallage
of each three roots sliced, a
piths taken out, Elecampan
roots sliced, Iris roots half an
sliced. Quince-seeds one ounc
quarice three good sticks s
and sliced small, twenty Figs
Raisins of the Sun one good
ful sliced, and the stones take
boil all these in a gallon of run
water till half be consumed,
take it from the fire and let it
then strain it, and boil it again
as much white Sugar as will m
as thick as sirrup, that it may
the year.

A Powder for the Stone.

Take Hawes and Hips of
a good handfull, Ashen-keys
a handfull, three or four *Acor*

lls of three new laid Eggs,
well-seeds, Parsley-seeds, of
alf an ounce, Perstone a good
ul, Camock-roots half a hand-
make all these in fine pouder,
ut thereto two ounces of Su-
ndy beaten something small,
sixpenny weight of this pou-
a time in the morning fast-
nd drink not after it one hour.

For the Cholick and Stone.

ke one handful of *Philippen-*
of Rosemary, of Saxifrage,
ye growing on the Wall, of
-tongue, of Thyme, of Parsly,
blos, of each four handfuls,
rigolds one handful, of Ma-
three handfuls, of brown
el, of Londebeefe, of 5 per-
of Borrage, of each two hand-
of Malden-hair three handfuls,
ll these in *May*, keep it in a
till you have need of it, then
it five spoonfuls, and three
ite Wine, and of clean pou-

der of Ginger half a ſpoonfu
theſe together, and warm
warme, and let the Patient
In the morning two hours
he riſes out of his bed, let h
more cloaths vpon him, for
provoke him to ſweat, after th
is gone, let him riſe and walk
he will.

*A good Water to drink with
or without to cool Choler.*

Take Borrage-roots, and Su
roots of each two, waſh and
them fair and clean, and ta
their cores, then take an earth
of two gallons, fill it with fair
water, ſet it into a fire of Cha
put the roots in it, and eight pe
worth of Cinnamon; when i
ginneth to ſeeth, put into it
ounces of fine Sugar, and let it
half an hour, then take it off, l
cool, and drink thereof at
p eaſure.

to make Aqua Co npofita *for the Cholick and Stone.*

ke ſtrong Ale one moneth old iny gallons as your pot will and for every gallon take two s of Liquorice, and as much ie-ſeeds, and of theſe Hearbs ing two handfuls of each to gallon, of *Birch*-leaves, Bur-Paſphere, Pellitory of the Wall, creſſes, Saxifrage, Grumwell, *pendula*, Penny-royall, Fennel, root of Elecampain, of Hawes ps, of Barries, of *Brambles*, arberries of each half a pint hem as you do other *Aqua-*

dicine for the Cholick paſſion.

ake the ſmooth leaves of Holly em, and make them into pou-Grumwel-ſeed, and Box-ſeed h a little quantity, let the Pa-drink thereof.

to take away the fervent ſha- and burning of an Ague.

ake of the rind of the Wilding-

tree, with the leaves in *Su*
each half a handful, as m
tony, three crops of Rosema
them in a quart of posset-
pint, and let the sick drink
hot as he can, and so wit
times it will ease him.

For the hardness or sti
Sinews.

Take twelve fledg'd S
out of the nest, kill them, b
feathers and all in a Mort
Thyme, Rosemary, and H
seeth them with *May*-Butt
while, then strain them th
strainer as hard as you can,
will be an Ointment, take the
that grow out of the Straw
and beat them amongst the

How to stay the Flux.

Take white starch made o
two or three spoonfuls, and t
new *Milk* from the Cow, sti
together, and let them be wa
little, and give it to the part

manner of a glister, a present

y.

roved *Medicine for the Plague*
d *the Philosophers Egg, it is a*
excellent preservative against
oysons, or dangerous Diseases
draw towards the Heart.

ke a new laid Egg, and break
so broad as you may take
e white clean from the yolk,
ke one ounce of *Saffron* and
e it with the yolk, but be care-
break not the shell, then co-
with an other piece of shell so
s is possible, then take an
n pot with a close cover, with
embers, so that he shall be
rned, and as those embers do
so put in more hot; and do so
e space of two dayes until you
it be dry, for proof whereof
all put in a pen, and if it come
y it is well, then take the Egg
ipe it very clean, then pare
ll from the Saffron, and set it

before

before the fire, and let it be
then beat it in a Mortar ver
and put it in by it self, then
much white *Muſtard-ſeed*
Egg and Saffron, and grind
ſmall as maal, then ſearce it thr
a fine boulter, that you may
the quantity of the Egge ſo ſea
then take a quarter of an ounc
Dittany roots, as much Turm
til, of *Nuces Vomicæ* one dra
let them be dryed by the fi
aforeſaid, then ſtamp theſe t
laſt ſeverally, very fine in a M
tar, then mix them three wel
gether, after that take, as at
moſt needfull, the root of Ang
and Pimpernell, of each
weight of ſixpence, make th
to pouder, and mix them with
reſt, then compound therewith
or ſix ſcrupels of Unicorns horn
for want thereof Hearts-horn,
take as much weight as all th
fine powders come to, of fine Tr
cle, and ſtamp it with the pow

Mortar, until it be well mixt &
to the peſtle and then it is per-
made, then put the Electuary
one pot, well nealed, and ſo it
continue twenty or thirty years,
he longer the better.

How to uſe this Electuary.

ſt when one is infected with
eſtilence, let him take ſo ſoon
an, or ever the diſeaſe infect
art, one crown weight in gold
s Electuary and ſo much of
Triacle, if it be for a man, but
all be for a Woman or Child
eſs, and let them be well mix-
gether, and if the diſeaſe come
cold, give him the Electua-
h half a pint of white Wine
e, and well mixed together
it come with heat then give
with plantain Water, or Well
, and Vinagar mixt together
when he hath drunk the ſame,
go to his naked bed, and
of his ſhirt, and cover him
warm

warm, but let his bed be well-
ed first, and a hot double
wrapped about him, and so
sweat seven, eight, or ten ho
he is able to endure, for the
he doth sweat the better, becau
disease fadeth away with the
but if he cannot sweat, the
two or three Bricks or Tiles,
wrap them in moist cloathes,
with water and Salt, and lay
by his sides in the bed, and
will cause him to sweat, and
sweateth, let it be wiped fro
body with dry hot cloathes b
conveyed into the bed, and his
being ended, shift him into a w
bed with a warm shirt, and all
new cloaths, using him very w
for taking of cold, and let his clo
that he did sweat in be well a
and washed, for they be infecti
and let the keepers of the sick be
of the breath or air of the p
in the time of his sweating, th
fore let her muffle her self
dou

old cloth, wherein is worm-
Rue, Fetherfew, crums of
bread and Vinegar, and a
Róse-water, beat all these to-
, and put it into the *Muffler*
new every day while you do
im, and let the sick party have
ound in a cloath to smell on
he is in sweat, then after do it
and take a new, and because he
e faint and distempered after
kness, he shall eat no flesh, nor
Wine the space of nine dayes
et him use these conservatives
s health, as Conserve of Bu-
Borrage, and red Roses, and
ally he shall drink three or four
s after he hath sweat morning
evening, three ounces of the
of Sorrel mixed with an ounce
Conserve of Sorrell, and so use
and drink whatsoever is com,
ble for the heart, also if one
the quantity of a Pea of the said
uary with some good Wine, it
keep him from the Infection,

therefore

therefore when one is sick
house of the Plague, then so
you can, give all the whole ho
some of this Receipt to drink
his keeper also, and it shall p
them from the infection, y
the whole from the sick as m
you can, beware of the cloa
bed that the sick party did sw

To make Balm-water.

Take four gallons of stron
and stale, half a pound of Liqu
two pound of Balm, two ou
Figs, half a pound of Annis
one ounce of Nutmegs, sh
Balm and Figs very small,
them stand steeping four and
ty hours, and then put it in a
you use *Aqua vitæ.*

To make Doctor Stevens *Wa*

Take one gallon of good
coin Wine, of Gingar, Ga
Nutmegs, Grains, Annis
Fennel-seeds, Carraway-seed
Mints, Red roses, Garden
Pellitory, Rosemary, wild

-royall, Camomil, Lavender, one handful, bray your Spikenard, and chop the hearbs before and put them with the spices a Wine, and let it stand hours, stirring it very often ill it in a Limbeck, closed up ourse paste, so that no air enthe first water by it self, it is so long as it will burn.

Ointment for any strain in the joynts, or any sore.

Take three pound of fresh Butter ted, and set it in an Oven afbread be drawn out, and let d two or three hours, then e cleerest of the Butter, and into a Posnet, then take the fred Nettles as much as will oistned with the Butter, and them very small, and put them he Butter, set it on the fire, and softly five or six hours, and it is so boiled put thereto half of pure oyl-olive, and then boil

boil it a very little, and
and ſtrain it into an earth
keep it for your uſe.

If you think good, inſtead
tles only, you may take thei
Cammomil, Roſemary, L
Tun-hoof, otherwiſe A
Five-finger, Vervain, and
tops.

For an Ague.

Take the inner bark of a
tree a good quantity, boil it
until the Beer look black,
take a good draught and p
a pot, then take ſix ſpoonfuls
lade oil, for an extream Ag
it too and fro in two po
drink it, and let the party l
any exerciſe until he ſwe
let him lie down upon a
warm until he hath done ſ
this do three times when t
cometh upon him.

A Pouder againſt the Wi
Stomack.

Take Ginger, Cinnam

all, of each two ounces, An-
ds, Carraway, and Fennel-
each one ounce, long Pep-
ins, *Mace*, and Nutmegs, of
lf an ounce, Setwell half a
, make all in pouder, and put
one pound of white Sugar,
this after your meat, or be-
our pleasure, at all times it
neth the stomack marvelous-
th away wind, and causeth a
gestion.

Pin and Web in the Eye.

the white of an Egg, beat it
put thereto a quarter of a
of English Honey, half a
of Daisie-leaves, and in
he roots, half a handful of
rind of a young Hazel, not
ne years growth, beat them
in a *Mortar*, and put there-
spoonful of Womans *Milk*,
stand infused two or three
strain all through a cloath,
th a feather drop it into the
a day.

For

For blood-ſhotten and ſore coming of heat.

Take *Tutty* of *Alexa* *Lapis Tutty* one ounce, be fine pouder, and temper quart of white Wine, put one ounce of dryed Roſe-le boil them altogether with until one half be conſume ſtrain it through a fine linn and keep it in a Glaſs, a evening and morning, and to the ſore eyes with a fea your finger.

If the *Tutty* be prepared better, which is thus done, *Tutty* in Roſe-water, and le an hour, then take it forth, it on a white paper to dry, it when it is dry, ſteep it, a again, as before, twice or th then uſe it as before.

For an Ach in the Bon

Take Southernwood, wood, and Bay-leaves, of handfull, one Oxe-gall, on

or oyl, put all these together
im stand two or three daies
them boil upon a very soft
pur in of Deers-suet a good
, strain them, and put them
and so annoint the Patient,
s a good quantity of Tar,
uch pitch as the bigness of
, and of the juyce of Pim-
good quantity.

dren that are troubled with extream Cough.

Hysop-water, and Fennel-
of each half a pint, of sliced
ite, and Sugar, of each a
uantity, seeth them easily
good fire, strain it and let
e a little hereof at once, and
u may dissolve pellets there-
you may annoint their chest
of Almonds, and a little

Medicine for sore eyes.

ted Fennel and Celendine,
one handfull, stamp and
strain

ſtrain them, that done, t
ſpoonfuls of Honey, and
Copparas the quantity of o
Roſe-water five ſpoonfuls,
theſe together in an earth
skim it well, and clarifie it w
white of an Egg; this is an e
Medicine to clear the ſigh
eye, if there be any thing in
ſuperfluous to hinder the ſigh
there be nothing but heat, i
thing ſo good.

To help one that is inwardly b

Take of Borrage and Re
of each a handful, ſtamp th
gether, and ſtrain them, a
thereto as much Claret-W
the juyce thereof, and let th
drink it warm, and if it keep
in him four and twenty ho
ter he will recover; if he be
in the body, let him tak
ſpoonfuls of Sirrup of Dam
ſes, and two ſpoonfuls of S
oil, and drink it faſting, and

the party take some warm

For the Spleen.

of Lavender, Fennel, Par-
mmomile, Thyme, Worm-
Angelica, of each one hand-
Sage, and Rue, one hand-
Anniſe-ſeeds, and Fennel-
of each one handful, of Cum-
ds two handfuls, of Cloves
oonfuls, and of Mace two
uls, gather theſe hearbs in the
the day, and dry them in the
o dayes, Laying them very
a ſheet, and bruiſe the ſeed
, and ſteep them in as much
-oyl as will cover all theſe
, and ſomewhat more, and
in the Sun ten dayes, which
done, ſtrain your oyle from
earbs and your Spices, and
infuſe it once again as before
Herbs & Spices in like man-
nd to that oyle thus infuſed or
ed, add bitter Almonds, and
Capers half a pint, then take

a quarter of a ſpoonfull of the oyl, and put it in your hands, hands being warm rub them ther, and annoint and rub the ent grieved with both your the one on the right ſide, the on the left, from the loyns to the bottome of the belly, dr your hands as hard as you can, make them to meet at the bo of the belly, and continue in nual rubbing about a quarter heur.

For a Burning or Scald.

Take a quantity of ſheeps- the white of Hen-dung, and greaſe, boil all theſe together, it & annoint the party with a ſ

For the Emeroids and Pile

Take juyce of Elder, *May*- and Deer-ſuet, melt them, the juyce and the butter ſ end then put the ſuet to them, them into pills, and if you ſuppoſitor, you muſt put in Dears ſuet.

e Canker in the Mouth or Nose,
e the ashes of green leaves of
with half so much of the burnt
of Allum, blow with a quill
place grieved, and it will
an, Child, or Beast.

d Remedy for the mother.
en the Fit beginneth to take
take the pouder of white Am-
nd burn it in a Chafingdish of
, and let them hold their
s over it, and suck in the
, and annoint their nostrils
e oyl of Amber and if they
with child, take two or three
of the oyl of Amber in white
warm or cold, but the oyl of
muſt be taken inward but
day, and outward as often as
taketh them.

A medicine for the Worms.
one penniworth of Aloes,
e like quantity of Oxe-gall
thtidate, mix them together
them to the Childs navell
plaister.

A Preservative against the

Take one dry Walnut, the shell and peel, cut it small with a branch of Rue shred fine a little Wine-Vinegar and Salt all into a sliced Fig, take it up ing, and then you may drink Wormwood after it, and go you list.

A Pill for those that are infected

Take of Aloes-Succatrina an ounce, of Myrrh, and Saffron, of each a quarter ounce, beat them into small der, with *Malmsey*, or a little or Dioscoridon, make two or small pills thereof, and take fasting.

A Poultesse to break a Plague Sore.

Take a White Lilly-root, seeth it in a penniworth of seed, and a pretty quantity of rows-grease, beat the Linseed very soft, afterwards beat al

a Mortar, make thereof a

t.

An Electuary for the Plague.

the weight of ten grains of , two ounces of the kernels nuts, two or three Figs, one n of Mithridate, and a few leaves ſtampt together, with a ent quantity of Pimpernell , make up all theſe together in or lump, and keep it in a or pot for your uſe, take the ky of twelve grains faſting morning, and it will not on- erve from the peſtilence, but from thoſe that are infected.

Againſt a Tertian Ague.

e *Dandillion* clean waſhed, k and put it in Beer, and let d all night in the Beer, in the ing ſtrain it, and put half a full of Triacle into it, make warm, and let the Patient of it faſting upon his well and walk upon it as long as

he is able, this hath been app
good for an Ague that cometh
ſecond day.

Againſt the Wind.

Take Cummin-ſeed, and
them in Sack four and twenty h
dry them by the fire, and hull t
then take Fennel-ſeed, Carr
ſeed, and Anniſe-ſeed, beat all
together, and take every mo
half a ſpoonfull in broth or be
fting.

Another.

Take Enula Campana, gr
and drink half a ſpoonfull faſtin

For the Sting of an Adder.

Take a head of Garlick, and b
it with ſome Rue, and ſome H
thereto, and if you will, ſome I
cle, and apply it to the place,

For the biting of a Dog.

Take Ragwort, chop it, and
it with unwaſht butter to an O
ment,

dicine for a Woman that hath ud Child, or for the after-birth er deliverance.

ke Date-stones, dry them and them to pouder, then take min-seed, Grains and Eng- affron, make them in pouder, put them altogether in like ity, saving lesse of the Saffron of the rest, then searce them finely, and when need is to it, take a spoonful at once a little *Malmsie*, and drink ilk-warm, it is good to brir a dead-child, or for the aft , or if the Woman have a in her stomack, or flushing face during her childbirth: the -stones with round holes in the re the best; if you put a quan- of white Amber beaten amongst ouder, it will be better.

make the best Paracelsus Salve.

Take of Litharge, of Gould and t, of each three ounces, and it one pound and half of good

Sallade-Oyle, and as much of L
seed-oyl, put it into a large ear
vessel well leaded, of the fashion
a milk-boul, or a great bason,
it over a gentle fire, and keep it
ring till it begin to boil, then
to it of red-lead, and of *Lapis*
laminaris, of each half a pound,
it with continual stirring, and
it boil two hours, or so long t
be something thick, which you
know by dropping a little of it
on a cold board or stone, then
a Skillet, and put into it a pound
yellow wax, as much black Ros
half a pound of *Gum-Sandrach*,
yellow-Amber, Olibanum, Myr
of *Aloes Hepatica*, of both the
of *Aristolochias* round and lo
of every of these in fine pou
searced one ounce, of *Mammi*
ounce and a half, of oyle of Bay
half a pound, of oyle of Juni
six ounces, dissolve all these to
ther in the aforesaid Skillet, a
then put them to the former
ste

set it over a gentle fire; and
it with stirring till it boil a
. Then take your five Gums,
anax, Galbanum, Sapagenum,
moniacum, and Bdelium, of
of these three ounces, which
t be dissolved in white-Wine-
egar, and strained, and the
egar exasperated from them
re you go about the Plaister,
here be three ounces of each of
when they are thus prepared,
when the Plaister hath gently
ed, about half the bigness of
utmeg at a time, continuing
order until all the Gums be
nd dissolved, then set it over
fire again, and let it boyle a
little, but before it boyle be
that the Gums be all dissolved,
le it will run into lumps and
s, after it hath boiled a little
it from the fire again, and
inue the stirring of it very
ally, and put to it these things
wing, being in a readiness, take

of both the Corals red and
of Mother of Pearl, of Dr
blood, of *Terra lemnia*, of
Vitriol, of each of them one ou
of *Lapis hematitis*, and of the L
ſtone, of each of them one o
and a half, of the flours of A
mony two drachms, of *Crocus*
is two drachms, of Camphire
ounce, of common Turpen
half a pound, mix all theſe toge
but firſt let thoſe things that a
be pounded, be carefully done,
fully ſearced, then put them alt
ther among the former things,
again ſet it over the fire wkha
derate heat, and gentle to boil,
be in the form of a plaiſter, w
you may know by dropping it
cold piece of wood, or ſtone, or i
you muſt alſo remember to
it with continual ſtirring from
beginning to the ending, when
make it up, let your hands, and
place you rowl it on, be anoni
wi h the oyl of Saint *John*-W

of each Worms and Juniper,
mmomile and Roſes together,
pit in Parchment, or Leather,
keep it for your uſe.

Memorandum, That the Cam-
e be diſſolved in the oyl of Ju-
t, mix them together with the
n Sandrach, and put them in
rds the latter end.

An Oyntment for any ſtrain in the Joynts, or for any Sore.

Take three pound of freſh-But-
unwaſhed, and ſet it into an
n after the bread be drawn out,
let it ſtand two or three hours,
take the cleareſt of the Butter,
put into a poſnet, then take
ops of red Nettles, and chop
m very ſmall, and put ſo many
kes to the Butter, as will be
ſtned with the Butter, and ſo
it on the fire and boil it ſoftly
or ſix hours, and when it is ſo
led, put thereto half a pint of
beſt oyl of Olive, and then make

it

it boil a very little, and take it
and ſtrain it into an earthen pot,
keep it for your uſe.

Mr. Aſhleyes *Ointment.*

Take ſix pound of *May-Butt*
unſalted, one quart of *S*allade-oy
four pound of *B*arrowes-grea
one pound of the beſt Roſin,
pound of Turpentine, half a pou
of Frankincenſe: To this rate
theſe Hearbs following, of eac
handfull, *videlicet*, *S*mallage, *Bal*
Lorage, red-*S*age, Lavender, L
vender-cotton, Hearb-grace, P
ſley, Comfry, called *B*oneſet, Sor
Laurel-leaves, Beech-leaves, Lu
wort, Majoram, Roſemary, *M*
lows, Cammomile, Saint-*Joh*
wort, Plantain, Allheal, Chickwe
Engliſh Tobacco, or elſe Henba
Grumſell, Woundwort, Bettony,
grimony, *Cardus Benedictus*, wi
Wine, or white-wine, called *Bri*
Adders-tongue, Melilot, pick
theſe hearbs clean, waſh them, ſtra
them

clean from the water, all these
be gathered after the Sun rise,
stamp all these Hearbs in a
or woodden Mortar so small
ossibly may be, then take your
and beat it to pouder with
Frankincense, and melt them
alone, then put in your But-
your Hogs-grease and Oyle,
when all is melted, put in your
bs, and let them all boil to-
r half a quarter of an hour,
ake it from the fire, and leave
ing of it in no wise a quarter
hour after, and in that time
it is from the fire put in your
entine, and two ounces of
digrease very finely beaten to
der, and when you put in your
entine and Verdigrease, stir
ll, or else it will run over,
so stir until it leave boiling;
put it in an earthen pot, stop-
the pot very close with a cloath
board on the top, and set it in
oghill of horse muck twenty

one

one dayes, then take it up and
into a kettle, and let it boil
taking heed that it boyle no
then ſtrain all through a courſe
into an earthen or gally pot,
when all is ſtrained, put to it
pound of oyl of *Spike*, and co
pot cloſe untill you uſe it, and
you uſe it, make it warm in W
and uſe it cold in Summer.

An approved Medicine for an
the Joynts whatſoever.

Take half a pound of Roſin,
a pound of Frankincenſe, O
num, and *Maſtick*, of each
ounce, Wax, Doers-Suet, Tu
tine, of each two ounces, Camp
two drachms, beat the Oliba
Maſtick, Roſin, and Frankinc
and camphire into pouder, the
it in a braſſe pan with a pot
white Wine, and put in the W
and Deer-Suet into it, and wh
doth boil put in your Turpen
and let it boil a quarter o

, then take it from the fire and
stand and cool untill the next
then work it with your hand to
k out the wine, annointing your
ds first with oyl, then make it
n rouls, then as need shall serve,
thereof and spread it with a
m knife upon a fleshy side of a
eps skin, and apply it warm to
grieved place, and take it not
ntill it fall off of it self, pricking
plaister full of holes.

*Searcloath to be used against Car-
uncles, red Sores, Biles, Swellings,
any hot causes,*

ake a wine pint of pure Sallade-
, and put into an earthen pot
is very large, and set it upon a
soft fire of Charcoal, and when
eginneth to boil, stir it with
Hasell stick of one years shoot-
, then put into it two ounces of
ite Sope that is pure white, half
ound of red Lead, one quarter
a pound of white Lead, letting
oyle very softly, stirring it con-
tinually

tinually with this Hazle stick fo
space of two or three hours,
shall know when it is boiled by
drop one drop thereof on a bo
and it will be stiffe when it is en
then take it from the fire, an
into it half an ounce of oil of B
then let it boil again a little,
let your cloaths be cut of a re
nable size to dip them in it, then
must have two sticks, which mu
hollow in the middle to strip
cloaths through, then lay them
broad until they be cold up
board, then roul them up and
them, and when you use them,
them upon the place grieved, an
them lie twelve hours, then take
and wipe it, and lay the other side
let that lie as long.

A Plague Water to be taken t
times, for the first helpeth not.

Take a gallon of white-W
Ale or Beer, and to that quan
take a quarter of a pound of ea

Hearbs following, Rose-water
ter of a pint, Rue, Sage, Ver-
grimony, Bettony, Celendine,
ius, Angelica, Pimpernel,
s, Valerian, Worme-wood,
ons, Mugwort, all these
s must you shread in grosse
er, and steep in the afore-
liquor, the night before you
it in a Rose-water Still, and
keep the first water by it self,
the weaker, and therefore fit-
Children; it helpeth all Fe-
agues, and Plagues, being thus
seven spoonfuls or there-
of the strongest blood-warm,
ve it to the party to drink in
ue or Fever, an hour before
come, and so to sweat, either
ereise, or in your bed, but
stomack must be empty, and
taken for the plague, then put
a little Diascordium or Mi-
e.

Defensive Plaister.

e the white of an Egg,
and

and Bole armoniack, ſpread it ther.

A Sirrup for a Cold.

Take Colts-foot-Water, water and Honey, put Li Aniſe-ſeeds and Elecampa thereto the juyce of Fenn boil them.

To ſtay the bleeding of a W

Take Charcoal red hot ou fire and beat it to pouder.

A Poultiſſe.

Take Milk, Oatmeal, & re leaves, and a little Deers-Su

For the running of the R

Take Cups of Acorns a them, and grate ſome Nutm this in Beer and drink it.

For a Pouliſs.

Take Linſeed and beat it der, boil it in Milk with M and Sheeps-Suet.

For a blaſt.

Take a good quantity of and boil it in Milk, and

therewith very well, then bind
arbs very close to it some few
, after wash it again the milk
warmed, and so bind it up
, the oftner it is done the bet-
nd in a day or two it will be
if it be taken before it fester.

Another.

ke a good quantity of Veri-
ing green, with as much Dill,
them together and boil them
res-grease as much as will co-
em, and for want thereof so
May-butter, and when they be
l together, let them stand two
ee dayes, and then boil it a lit-
d so strain it through a cloth.

A Balsamum.

e in the latter end of *Septem-*
ood store of Honeysuckle ber-
nd put them in a body of a
Still stopped, and set it in
orse-dung eight dayes, distill
Balneo, then when you have
drawn

drawn the water forth, powr th
ter into the stuffe again, stop it
and put it into the dung four
twenty hours, then set it in
and distil both water and oyl
a great fire, as much as will
forth, and at last seperate the
from the oyle in Balneo.

To make an excellent oyl of Hyp

Take flowrs, leaves and
of Hypericon as much as you
beat them together, and
them in white-wine, that they
be covered therewith, and se
In the Sun for ten dayes, th
thereto so much Oyle-Olive
the rest doth weigh, and let it
ten dayes more in the Sun, but
that you weigh the Oyle to
how much it is, then put there
every pound of Oyle two o
of Turpentine, and one drac
Saffron, and of Nutmegs,
Cloves of each half an oun

, and Rosin, of each an ounce,
the root of Brsony two oun-
them all in a Vessel of glass,
ix them well together, and set
n a Vessel of hot water, and
thereto a head of glass, and
er well shut, and boil it so
until no more will distill
it, which will be about twenty
hours, then take it out and
it whilst it is hot, and keep it
Vessell of Glasse, and when
ft use it, heat it well, and ap-
upon a wound without using
eat all, this is excellent for
wound, especially if there
as, sinews, or bones offended
, it keepeth wounds from
faction, it cleanseth them and
pain, and doth incarnate and
hem, it helpeth bruises, pains,
or swelling in any part, and
derful good against venome
son.

For

For the Falling sickness.

Take the roots of single Pi
grate them, drink them, and
some of them about your neck.

For the kibed-heels.

Take a Turnip, make a hole
top of it, take out some of the
infuse into that hole oyl of R
then stop close the hole, roast the
nip under the embers, when it is
apply it plaisterwise warm t
Kibe, bind it fast.

Lapis Prunellæ

A Medicine for sore Eyes.

Take one pound of Salp
boil it in a Goldsmiths earthen
with a very hot fire round abo
let it boil till it be very black
melted. then take a quarter
ounce, or sixpenny-weight of R
Allum, and a quarter of an ou
Brimstone, break them and
them in the Saltpeter by lit
once as it boileth, and let it
till the flame go out of it self,

in a brass Ladle, or into a
and so let it stand till it be
when you will use it, scrape
fine with a knife, and put
of it to the sore eyes, hold
the eye-lid till the pain be
then let the water drop out of
This *Medicine* taketh away
ith, Pin and Web in the eye,
fores and blood-shed, it al-
th the tooth-ach, being put
hollow tooth, with a little
he tooth be not hollow rub it
d: Finally, it helpeth a stink-
th, being eaten in the morn-
ing.

For a scald Head.

a handful of Glovers shreds,
handful of Dock-roots the
n out, and boil them in
le untill they be seasonable
d annoint the head there-

For a bloody Flux.

Rubarb and toast it, then
to pouder, and take as much

as

as will lye upon a sixpence, warm that day, the next conserve of Roses, mixed ral, and drink that day If poffet Ale made of Cammo

For the Itch.

Take a pound of Butter ed and unsalted, three good fuls of red Sage, and as much stone beaten into pouder, as nut, boil these well together, strain it, and put in half an of Ginger beaten small.

For sore Eyes.

Take new Hens-dung out nest, and put it into an Oven cold, let it lie there all nigh take the white of it, and beat it dryed, and take as much of the der of Ginger finely beaten, an to that half in like quantity gar-candy, all which must be very well and searced, then put to the sore-eyes every night, the morning, and wash it ou water.

Water for sore Eyes.

a pint of fair running wa-
ild Daisies, and three leaved-
of each a good handful, wash
rbs very clean in a Cullender,
put them into a clean skillet of
let them boil very well over the
until the water look green, then
a little piece of Allum and put
the water, & when it is boiling,
taste of the water, and when it
to the mouth, take as much
as will make it very sweet, then
it hath boiled a little while, take
the fire, strain it, and drop a lit-
ery night into the eyes.

pproved Application against any Surfeit.

ke the bottome of a Muncorn-
cut it about an inch thick,
as broad as the palm of your
, toast it very well, then take
lade-oyl and Claret-wine of
a like quantity, as much as

will wet the toast well and
ly, warm it hot, then put
into it, when the toast is well
strew the pouder of Cloves,
hereupon thick, then apply
stomack of the Patient as w
he can endure it, it will pu
wards and downwards as o
you apply a fresh toft made a
laid, that may be applyed so o
any one findeth the
ease, although then it will not p
except in case of a surfeit,

A Medicine against the Plague.

Take of the root called *Se*
the quantity of half a Walnut,
grate it, of Triacle green one
spoonfull, of fair water three spo
fuls, make all these more than lu
warm, and so drink them o
bed, and sweat six or seven ho
and in your sweat drink sma
set-Ale made of small drink
need, but not till an hour and
after the taking of the potion,

ing forth the Plague, for if
the medicine, you may
the second, third, or fourth
by the whole, half, or lesse
re as your stomack will bear
any do take it and thereupon
presently amendment, or a
or sore, you may think it to
sickness, for the nature of the
cine is to prevent the Plague,
in others to expell the sore,
be not taken too late, in which
the stomack will not brook it
ly, and after two or three times
ing, if you minister it to any, let
e at their first sickness, lest if
rdisease be other, they may re-
harm thereby.

Jelly of Frogs.

ke the Jelly of Frogs in March,
till it in a glass Still, it is a
medicine to stop blood, & for
eat and redness of the face, and
to cure green wounds.

For the Tooth-ach.

Take Spearemints, and
Ivy, of each a handful, and
ſpoonful of bay-ſalt, ſtamp
very well together, and boil
a pint of the ſtrongeſt Vineg
you can get, let theſe boil all to
untill they come to a quarte
pint, then ſtrain it, and put it
glaſs, & ſtop it very cloſe, when
teeth do ake, take a ſpoonful
blood-warm, and hold it in
mouth on that ſide the pain is.

To make teeth ſtand faſt.

Take Roots of Verwin in
wine, and waſh the teeth therewi

For the perilous Cough.

Take white Hore-hound ſtam
wring out the juice, and min
with honey, and ſeeth it, and
to the ſick to drink, or elſe
and Garlik-ſeed, and roaſt
the fire, and take away the
ings, and eat the reſt with Ho

take Sage, Rew, Cummin,
der of pepper, and seeth all
gether in honey, and make
an Electuary, and take there-
oonful in the morning, and
at night.

A man that hath no taste in meat or
drink,

ake a pottle of clear water, and
od handful of Dandilion, and
it in an earthen pot, and seeth
ill it come to a quart, and then
out the Hearbs, and put in a
d quantity of white Sugar, till
think it be somewhat pleasant,
then put it into a Vessel where it
ay cool, and then take twenty or
ty Almonds, blanch them and
them in a mortar, and when the
er it cold put it to the Almonds
strain it through a clean Cloth
with out compulsion, and if
thick, let it run through again
so keep it in a vessel, and drink
often, at all times as you please

To preserve a man from the

Take *Aloe Apaticum*, a
Succatrine, fine Cinnam
Myrrh, of each of them 3 dr
Cloves, *Mace*, *Lignum aloe*,
Bole-Armoniack, of each of
half a drachm, let all these thi
well stamped in a *Mortar*,
mingle them together, and afte
them in some close vessel, and
of it every morning two p
weight, in half a glass full of wi
Wine, with a little Water, and d
it in the morning at the dawnin
the day, and so may you by the g
of God, go safely into all Infec
of the air and Plague.

For a Tetter or Ring-worm.

Take *Mercury* a quarter of
ounce, Camphire one penny-we
make them into pouder, and
them in a fair Porrenger, then
and mix them with the water of
Wine four or five spoonfuls,
them well together, then pu

more water to that, then ſtrain
h a cloth, and take Poppey-
quarter of an ounce, beat
a ſtone Mortar, with a ſpoon-
water of the Vine, putting
and a little till you have
the quantity of a pint, then put
an ounce of the Milk of Co-
, ſo mix them well together
your Receipt, and ſtrain them,
u make Almond-Milk through
cloth, then keep it in a glaſs,
your uſe.

To keep ones body looſe whenſoever you need.

Take two ounces of Sirrup of
oſes, one ounce of Sene, one pen-
worth of Anniſe-ſeeds, one ſtick
Liquorice, one pint of Poſtum
ter, ſeeth them altogether till
to half a pint, then ſtrain them
h, then boil the two ounces
Sirrup of Roſes, and drink
m.

For a red Face.

Take Brimstone that is
and Cinnamon of either of
even proportion by weight, bea
into small pouder, searce it thr
a fine cloth upon a sheet of whi
per, to the quantity of an ounc
more, and so by even proporti
to weight, mingle them togethe
clean clarified Capons-grease,
temper them well together, un
they be well molified, and then p
them in a little Camphire to t
quantity of a bean, and so putt
whole confection in a glass.

For a young Child to make Water.

Boil Organy in fair water, and l
warm to the Childs Navel.

A Medisine for the falling of t
Uvula into the Throat.

Take a red Colword-leaf, when
cut away the middle rind, the
it the leaf into a paper. and let
burnt in hot embers or ashes
en take the leaf out, and lay

the top or crown of the bare
and it will draw it up into his
nd rid you of your pain.

dicine for the heat of the soles of
feet, that cometh by rheum or
d.

ke a quantity of snails of the
n, and boil them in stale urine
ter the patient hath and set his
herein, and using that often he
be cured.

Gascons *own Pouder.*

Take of pouder of Pearl, of red
ral, of Crabs eyes, of Harts-
n, and white Amber, of each
ounce, beat them into fine pou-
, and search them, then take so
ch of the black toes of the Crabs
es as of all the rest of the pou-
, for that is the chief worker,
them, and search them finely a
do the rest, then weigh them
ally, and take as much of the
as you do of all the rest of the
pouders, and mingle them well
ther, and make them up in ball

with jelly of Harts-horne, w
put or infuse a small qua
Saffron to give them colou
let them lie t
ly hard, and keep them for yo

The Crabs are to be got
May or *September*, before th
boiled.

The dose is ten or twelve gr
in Dragon-water, Carduus-w
or some other cordial water.

The Apothecaries in their co
position of it, use to put in a drac
of good Oriental-Bezar to the
ther pouders, as you may see in
prescription following.

This is thought to be the
composition invented by *Gal*
and that the Bezar, Musk, and A
bergriece, were added after by so
for curiosity, and that the for
will work without them as affect
ally as with them,.

T

...e Apothicaries Gascon Pou-
...er, with the use.

...ake of Pearls, white Amber,
...s-horn, eyes of Crabs, & white
...al, of each half an ounce, of
...k thighes of Crabs calcined two
...ces to every ounce of this pouder
...in a drachm of Orientall Bezar;
...uce them all into very fine pou-
..., and search them, and with
...arts-horn jelly, with a little Saf-
...on put therein, make it up into a
...ste, and make therewith Lozen-
...s or Trochises for your use.

You must get your Crabs for thi
...ouder about *May*, or in *September*
...efore they shall be boiled, when you
...ave made them, let them dry an
...row hard in a dry air, neither b
...re no Sun.

Their dose is ten or twelve grains
...s before prescribed in the forme
...age

Th

The Pouder prescribed by the
in their last London *Dispe*
1650. called the pouder of
claws.

Take of prepared Pearls, e
stones of Crabs of red Corra
white Amber, of Harts-horne,
rientall Bezar-stone, of each h
ounce, of the pouder of the
tops of the Crabs claws to
weight of all the former; m
them all into pouder, according
Art, and with jelly made with
skin or casting of our Vipe
make it up into small Tables,
Trochises, which you must wa
dry, as before prescribed, and rese
for your use.

The Countesse of Kents poud
good against all malignant
Pestilent Diseases French P
Small Pox, Measels, Plag
Pestilence, malignant or scar
Fevers, good against Melanc
ly, dejection of Spirits, tw
or thirty grains thereof being
hibi

...ed in a little warm Sack, or ...arts-horne jelly to a man and ... as much, or twelve grains to a ...d.

...ke of the *Magistery* of Pearls, ...Crabs eyes prepared, of white ...er prepared, Harts-horne, Ma... of white Corrall, of *Lapis ...ra Yarvam*, of each a like quan..., to these pouders infused put ...he black tips of the great claws ...Crabs, the full weight of the ...Viper, beat these all into very fine pou...lers, and searce them through a fine ...wn Searce, to every ounce of this ...nder ad a drachm of true Orien... Bezar, make all these up into a ...p, or masse, with the jelly of ...arts-horn, and colour it with Saf..., putting thereto a scruple of ...bergriece, and a little *Musk* also ...ly poudered, and dry them ...ade up into small Trocheses) ...her by fire, nor Sun, but by a ...ir as you may give to a man

twenty

twenty grains of it, and to
twelve grains.

The Virtues of a Root called
tra yerva, being made into
pouder.

1. It withſtands the Plagu
ing taken in Triacle-water.

2. It is good in all Peſtilent
eaſes, taken in poſſet-drink with
ſron.

3. It is good againſt a Fever,
ken in *Carduus*-water.

4. It is a great Antidote agai
all poyſons taken in Sallade-

5. It doth cure the biting
mad dog, drunk in Roſe-Vine
and then drink nothing elſe
ſpring-water during the cure.

6. It cauſeth a ſpeedy deliv
given in Balm-water, *Bettony-w*
ter, or in burnt wine.

7. It doth take away tho
throws, given in the ſame liqu

8. It is a good Cordial in all
of the Mother given in Rue-wa

9. It is very ſoveraign in ſwo

given in Sack, or Borrage

It is very powerful to with-
all melancholly, given in

11. It doth help Convultions in
ildren given in Spring-water.
12. It helpeth the Worms given
Goats-milk.
13. It is good for a short breath,
en in Rue-water.
14. It helpeth the Head-pain,
en in Rue-water, or Rosemary-
ter.
15. It helpeth the yellow Jaun-
e, given in Celendine-water.
16. It is very powerful in the
lsie, given in Sage-water.
17. It is a good Antidote against
e Gout, given in Sage-water.
18. It withstanderh the growing
the Stone in the Reins, given in
enish-wine.
19. It causeth a good and quiet
ep taken in white-wine.
20. It is a great preserver of
Health,

Health, and means of long
sometimes in Meat.

21. It may be used as
Bear against Surfeits.

22. It is a general upon all
sions, and may be given at all
when you do not know what the
ease is; in any of the aforesaid
quors.

The dose for a man or woman
from one scruple, to two scruples
and a boy or girle twelve or fou
teen grains, in convenient liquors.

THE

nd,

ing giving to understand, that
were reprinting the Countess
's Manual; I thought good
unicate unto you, for the more
lishment of your second Im-
, the virtues of some select
ull Spirits, of very great use
ak and sickly Persons, which
first composed by Sir Walter
igh, during his Imprisonment
e Tower, and dispersed by him
ers worthy Personages, in their
ul occasions and necessities, and
imparted to me by Captain
uel King, who lived long time
him in the Tower, and in his
ditions; this King being my
g Friend, and School-fellow,
in Canterbury and Westmin-

ster

ster Schooles. I have [illegible]
hereunto certain Experim[illegible]
cons ponder, or the Count[illegible]
their operations are much of [illegible]
nature, which have many tim[illegible]
very happy success been tryed, [illegible]
veral persons by my self, and dire[illegible]
thers by my directions, assuring [illegible]
it will be of very great use and be[illegible]
to such persons as shall have [illegible]
such helps and comforts, and so [illegible]

Your Friend

W. J.

...tues of Aqua Bezoar.

...ood against contagious dis-
...s, as Plague, Purples, spotted-
..., small-Pox, and Measels.
...e order to take it, is with *Car-*
...Benedictus, or *Angelica* in pos-
...le, and so sweat moderately up-
...taking of it, It is good against
...ics, and easeth the stomack op-
...with wind, crude flegm, and
...fluities, and helpeth digestion.
...he dose is from two to three
...nfuls at one time.

...he Virtues of Spirit of Clary.

...It is good to restore one in any
...kness, chiefly of the back: It
...serveth against the Consumpti-
...and Ptisick; it comforteth the
...rt, and increaseth radical moi-
...re; It also strengtheneth Child-
...ring-women after their delivery.

The

The dose is one
morning and even

The vertues of

It is good for all
the Spleen, and to open the o
ctions thereof, it comforteth
tall parts, and is good again
passions of the heart; it prese
the meat in the stomack from p
faction; it helpeth digestion, an
pelleth wind.

The dose is one spoonful
time.

The vertues of Flowers of
mary.

It is good against all infirm
of the stomack, and to suppres
offensive fumes rising up from th
to the head, keeping them down,
helpeth memory; it openeth all
pings of the Liver and Milt, it
venteth *Vertigo Scotomia*, Pal
Apoplexies, diseases of that kin
rising from cold humors; it bre
eth wind and easeth the Cholick

...is one spoonful at one

...rtues of Spirit of Mint.

...od for the stomack, and ...s the retentive faculty, ...inst vomiting, and all pas... the heart, it comforteth the ...irits, and is good against the ...mption, it expelleth wind, ...peth digestion, and is an in... help for Melancholy.

...dose is from one to two spoon...

...rtues of Aqua Theriacalis.

...good against all diseases of ...een whatsoever; It prevent... and helpeth contagions, and sud... ...pressions and qualms of the ...

...e dose is one spoonful to pre... and three to the infected, who ...to sweat after taking it.

...e virtues of Spirit of Saffron.

...is good to comfort the vitall ...s, passions, trembling, and

...ach-

penſiveneſs of the heart,
eth all malignity oppreſſi
expelleth wind, ſuppreſſe
which ariſe from the Spleen,
up to the head, and openeth
ſtructions of it; it is exce
gainſt all melancholy, and ve
for women in travail, for
ſorteth and haſteneth deliver

The doſe is morning and
ing one ſpoonful for three da
gether,

Virtues of Spirit of Roſa

It is good to open the obſt
on of the Lungs, and pre
Conſumptions, and other in
ties of that nature; it pre
from putrefaction, and keep
breath from being corrupted.

The doſe is a ſpoonful a
at four in the afternoon, & a
at bed-time.

The Virtue of the Spirit of Di
tion.

The Spirit made of *Dia*

...aum, prescribed in the last ... Dispensatory, comforteth ...th restoreth decayed nature, ...eneth the weak back, increa... ...d, and advanceth generation, ...aken thrice a day a spoonfull ...me, that is, in the morning ..., at four in the afternoon, and ... bedward, with this caution, ...he weak parties abstain from ...al acts till after their first ...

...he dose is one spoonful at one ...

...e vertues of the Spirit of Straw...berries.

...is excellent good to purifie and ...e the blood; it preserveth ... & also cureth the yellow jaun... & doppilateth the obstruction ... spleen; it keepeth the body in ... temperateness, and refresheth ...pirits.

...he dose is a spoonfull at a ... when need requireth any of those

those helps for the afore
eases.

Spirit of Confection of Al
virtues.

It is and excellent comfo
the Spirits vital, naturall, a
mall, in weak and delicate p
and against all trembling p
nesse, and sudden qualms
heart.

The dose is one spoonful
time.

The virtues of Spirit of Conf

It hath all the virtues whic
rit of Clary hath, only it is o
ter efficacie in inward hurts,
and ruptures.

The dose is one spoonfull
time.

Extract of Ambergriece.

Take a drachm of Amber
grind it very small on a P
stone, then put it into a boul
then take of the best Spirit of
either Canary or *Mallgo*
half a pound of Spirit of Clar

mingle them well together,
ur of the Menstrua one pint
proportion of Amber, set
to digest in a gentle Balneo
eight hours, shaking it toge-
three or four times, then take
, and being cold, pour it forth,
ur almost as much more of the
d Spirit, digested as before in
ttle heat by Balneo, then put
h to the first extracted; and
half as much more Spirits the
time, and digest it again; and
have you extracted all the spe-
art of the Amber, and leave no-
, but a black dead earth of no
e.

hen take a pint of the Spirit of
Hearb you will use, and dis-
therein one pound of pure
Sugar-candy, or at the least
e ounces, very finely poudered
searced through a fine Searcer,
the speedier resolution thereof,
best to dissolve it cold; this
lution must be twice filtered

through a thin cap-paper, t
it very perfect clear: th
three parts of this dulcified
to one of your Extracts of A
drawn with spirit of Wine,
shake them well together, an
them stand in a square glas
close stopped, until it shall be
fectly clear; one drachm of
Extraction of Amber will ser
dulcifie and make fit two quar
Spirits of Mints or Cleary, o
like, and give it a most exce
taste and efficacious vertues.

Several experiments made of
Countesse of Kents *or of C*
cons *Pouder, by a Profess*
Physick.

1 A Child aged about five ye
troubled much with flegme,
drawing on (as the Parents con
ved) to his end, with ten grain
this pouder exhibited in a spec
cal vehicle to the proportion of
spoonful, about seven of the cl

, with the like dose exhibi-
next morning, was within
yes, space perfectly recover-
went abroad.

A Child aged about fourteen
being suddenly surprized with
ous Fits, and trembling of
eart, with twelve grains of
ouder exhibited in a spoonfull
Theriacals, was that very
covered.

A Stationers Child aged a-
five yeares being suddenly
ill, that the Parents feared
of their child, with ten grains
Pouder exhibited in a spoon-
Cordial Spirit, being laid
, and well covered (we sus-
t would prove to be the
Pox) became within two or
hours somewhat chearful:
with this medicine continued
day, the Pox broke forth, and
ild mended.

A Boy aged about sixteen, be-
aken with suddain qualmes

about the ſtomack and hear
ten grains of this pouder e
in a ſpoonful of Doctor
fords water upon his fit,
like quantity exhibited aga
he went to bed, was the nex
covered.

5. A Child about thre
old being troubled with g
torments, and gripings in
with wind, with nine grain
Pouder, exhibited with tw
of ſpecifical Oyl againſt t
ſick, in a ſpoonful of ſtou
ter, was eaſed in few hours.

6. A Child about ſeve
old, being troubled with
ſion-Fits, with ten grains
Pouder, mixed with Spir
ſtor, in a few ſpoonfuls
Cherry-Water, Annoi
two Neck-veines near the
with a few drops of Oyl
ber and Cloves, was ſu
re

ed of his fit.

Gentlewoman, near forty being oppressed with crude nous humors, so that her thought her departing, was elve grains of this Pouder drops of a Cordial-Oyl, ex- in a spoonful of Cordial- being had to bed, within three recovered, and followed her ck business.

Youth about twenty years uch oppressed with wind and s of the stomack, with twelve of this pouder exhibited in ps of specifical Collick-Oyl, fifth experiment, with a cor- ter, was speedily recovered,

Young Maid, about eigh- rs old, troubled with fits Mother, and Convulsive- ith twelve grains of this given her in a few spoon- Piony-water, gathered and

distilled in due season, with
of oyle of Cinnamon, and
Amber mingled togeather
held upright before a wa
within four houres recove
of her fit, and went up to her
her (though her teeth were se
head, and small appearance o
but that only her feet were
was discovered in her.

10 A Gentlewoman a
bout fifty, being very much
bled with flatuous and cru
mours oppressing the stomach
sixteen grains of *Gascon-p*
and with three drops of
Oranges, duly prepared, ex
in one ounce of *Aqua Ther*
being well shaken and ming
gether, being exhibited at
veral times, that is, at nigh
she went to bed, disposing s
and betimes the next m
found much ease and co
and gained some quies

, and shortly recovered.

. A young Woman aged a-
four and twenty, not without
suspition of the Plague, ha-
a tumour a long while arising
r groin, with three severall do-
Gascons Pouder, exhibited at
evenings when she disposed for
by twelve grains for every dose
spoonful of Trincle-water,
ing every morning a spoonfull
irit of Saffron for those three
together, was perfectly reco-
, and followed her domestick
s.

ese and many other Experi-
have I with good success try-
d with Gods blessing recovered
s Patients.

is pouder is good against
-Pox, Measles, spotted or
-Fever, exhibited in spe-
waters, fit for their seve-
ases; It is good in swoun-
nd passions of the heart a-
from malignant Vapours

or old cauſes, as alſo in the Pl
or Peſtilent Fevers, alwayes ob
ving to keep the perſons uprig
warm, and well covered after t
taking it.

The doſe of this pouder in C
dren, is from eight to twelve gra
in perſons more aged, from tw
to fourteen grains, but exhibite
doſe twice or thrice if need requ
In the Plague you may uſe a gre
quantity, with ſuch medicines a
preſcribed in the Child-bearers
binet, and it will not be a miſſe
mingle it with ſome *Aqua Ther*
lis.

The Compoſition of the Oyl called
um *Magiſtrale*, *ſaid to be inv*
by one named Aparichus, *a S*
niard, *being ſpecial good*
cleanſe and conſolidate
wounds, eſpecially in
the Head.

Take a quart of the beſt
Wine you can get, of pure

Olives three pound, then put
o these flowrs and hearbs fol-
ng: of the flours and leaves of
ericon half a pound, of *Carduus*
dictus, of Valerian, of the least
, of each a quarter of a pound;
e possible, take the leaves and
s of every one of these, then
em all steep twenty four hours
aforesaid Wine and Oyl; the
day boil them in a pot well
d, or in a Copper-vessel over a
re, untill such time as the wine
consumed, stirring it alwayes
a spattle; after you have thus
, take it from the fire, and strain
d put to the straning a pound
a half of good *venice* Turpen-
then boil it again upon a soft
the space of a quarter of an
, then put thereunto of Oliba-
five ounces, of Myrrh three
es, of *Sanguis Draconis* one
t, and so let it boil till the In-
and Myrrh be melted, then take
, and let it stand until it be cold

then put it into a glass bottle,
set it eight or ten dayes in the
and keep it for your use.

This Oyle, the older it is, the
ter it is, it must be applyed t
Patient wounded as hot as m
endured, first washing the Wo
with White-Wine, boiled w
handfull of Incense to comfort
wiping it clean with a linnhn
before you dress it, which mu
If it come to any bruisings o
rings, twice a day, that is about
of the clock in the morning in
ter, and at summer about nine
morning, and about four in th
ternoon, but if they be green wo
you shall not need to change
gain until the next day, neither
the Patient to observe any prec
ti.

DDITIONS.

A Rare Searcloth with the Virtues,

TAke of Oil-Olive one pound and a half, red-Lead one pound and a half, of white Lead one pound, Caſtle- four ounces, put your oil, olive Pipkin, and put thereto your of Bayes, and your Caſtle ſope: theſe over a gentle fire of em- till it be well mingled, and ed together then ſtrew a little Lead, and white, being mingled her in pouder, ſtill ſtirring it a ſpalter of Wood, and ſo ſtrew ne of your Lead by little and little

little till all be in, ſtirring it ſti
the bottome to keep it from b
ing, for an hour and half toge
then make the fire ſomewhat big
till their redneſſe be turned int
gray colour, but you muſt not le
ſtirring it till the matter be tur
into a perfect black colour as pit
then drop a little upon a wood
Trencher, and if it cleave not to
Trencher, nor your Finger, it h
nough; then take the long lin
cloathes, and dip them therein,
make your Sear-cloath thereof:
will keep twenty years; let your p
der of your Lead be tearſed very
and ſhred the Sope ſmall.

The Virtues of the Sear-cloa
are:

Being laid to the ſtomack it
provoke Appetite, and take
any pain in the ſtomack; being
to the Belly it is a preſent remed
the Cholick, being laid to the

a present Remedy for the Flux, running of the Reins, heat of Kidnies, and weakness of the : it helpeth all Swellings and es, taketh away Aches, it breakellons, and other Impostumes, healeth them; it draweth out unning Humor, and helpeth without breaking of the skin, eing applied to the Fundament, any disease there; it helpeth Sores, and will be made in six .

For a Surfeit.

ke three pints of Muskadine, ndful of Rue, one handful of ge; boil this together three or almes: take a quarter of an of Nutmegs, half an ounce of , two or three cornes of long- ; beat them all together, and m until the three pints comes r: strain it and put in it a of an ounce of *Mithridate*, half

half an ounce of London-T
quarter of a pint of ſtrong An
water, all theſe being well mi
gether, put them up in a Glaſ

It is good for one that ha
felted to take three or four ſpo
keeping them very warm in be
ſame quantity taken is good a
the Small-Pox, or Meaſles.

It is good againſt the Wh
pain in the ſtomack, takin
ſpoonful in the morning, or
fection.

An excellent Receipt againſt t of a Conſumption.

Take a quarter of a pound
beſt Honey, a quarter of a
Conduit-water, boil them a
any white ſcum ariſeth, & take
then take a quarter of a pound
beſt blew Currans, put them
fire in a pint of fair water: boi
until they be tender, then po
Water from them, and bruſ

h a hair Sive, and put that
and Honey together: adde
ounce of the Pouder of Li-
, one ounce of the pouder of
-seeds, mix all these together
t them in a gally-pot, and
t is cold tye it up; the party
d may take of it upon the
of a knife morning or evening,
n as the Cough taketh them.

elions *Balsom, admirable for Wounds and many other things.*

t of Venice-Turpentine a
, Oil-Olive three pints, yel-
ax half a pound, of natural
e one ounce, oil of St. Johns-
one ounce, of red Saunders
d an ounce, six spoonfuls of
cut the Wax and melt it on
, and then lest it catch the
e it off, put in the Turpen-
lt, having first washed the
Turpentine thrice with Da-
mask

mask Rose-water, and having
gled your Sallade-Oil with the
put also the oyl to them, & put
all on the fire, and stir it till it
to boil, for if it boil much it
run over speedily, then suffer
cool for a night, or more, until
water and Wine be sunk all
bottom, then make some holes
stuffe that the water may run
it, which being done, put it on
fire again, putting to it the Ba
and the Oyl of Saint *Johns*-
and when it is melted, then p
Sanders to it: stir it well that
incorporate, and when it first
to boil, take it off the fire, a
it the space of two hours, t
grown thick, then put it up, and
it for your use as most precious
thirty or fourty-years, or more

The Virtues.

1. It is good to heal any
inward or outward, being

into the inward Wound, be-
plyed to an outward Wound
e lint, or Linnen, annoint-
so those parts thereabouts, it
ly taketh away the pain, but
epeth it from any inflamation,
lso draweth forth all broken
, or any other thing that might
e or fester it, so that the brains
ards, as the Liver, Guts, or
not troubled, it will heal it in
five dayes dressing, so that
be applyed thereunto.

It also healeth any Burning
alding, and healeth also any
or Cut, being first annoint-
h the said Oil, and a piece of
-cloth, or lint dipt in the same,
warmed and laid unto the
it will heal it without any Scar
ning.

It helpeth the Head-ach by an-
ing the Temples and Nostrils
ith.

It is good against the wind-
Cholick,

Cholick, or ſtitch in the ſ
plied thereto warm with ho
morning and evening to
quarter of an ounce.

5. It helpeth the biting
Dog, or any other Beaſt.

6. It is good againſt the
annointing only the Noſt
the Lips therewith in the
before you go forth.

7. It alſo healeth a Fi
Ulcer, be it never ſo deep, in
of the body, being applyed
ſaid is directed for a Cut.

8. It is good againſt Wo
Canker, being uſed as in a
it will require longer tim
them.

9. It is good for one infe
the Plague, Meaſles, ſo as
ſently taken in warm Br
quantity of a quarter of
four mornings together,
upon it.

10. It likewiſe helpeth d
annointing the Navel and

with when the party goeth to
it will ſtanch any Blood of a
Wound, put in a Plaiſter of
lt, and tye it very hard.

The quantity of a Nutmeg
ck blood-warm, and ſweat
, it bringeth forth all man-
clotted blood, & taketh away
es.

alſo healeth the Roſe-Gout
urvy.

t helpeth all pains in Wo-
reaſts, all chops or Wolf that
with a bruiſe.

helpeth the ſmall-Pox, be-
ainted therewith without a-

It helpeth all Sprains and
s, and indeed I cannot tell
mes amiſs unto it.

A moſt

A moſt certain and proved
cine againſt all manner o
ſtilence, and Plague, be
never ſo vehement.

Take an Onion, and cut
thwart, then make a little ho
ther peice, the which you ſ
with fine Triacle, and ſet th
together as they were before
this wrap them in a fine wet
cloth, putting it to roaſt, a
vered in the embers, or aſhe
when it is roaſted enough, pr
all the juice of it, and give th
ent a ſpoonful, and immedia
ſhall feel himſelf better, an
without fail be healed.

How to make the Ointment of
co, Jobertus.

Take of green Tobacco
two pound, of freſh Hogs-gre
ligently waſht one pound, bru

and infuse it a whole night
ine, & then let it boil with
grease with a gentle fire,
e Wine be all Consumed:
in it, and add to the Oint-
e juice of Tobacco one pound
d clean Rosin four ounces,
il it again till the juyce be
ed, adding towards the end,
d Birthwort-roots in pouder
nces, new Wax four ounces,
uch as is sufficient to make it
Ointment.

he Virtues of it are these

es all Tumors, Aposthumes,
ds, Ulcers, Gun-shot, Botch-
, Stinging with Nettles, Bees,
, Hornets, or Venamous
, wounds made with poyson-
rows, all *Burnings* and Scald-
although it be with Oyl, or
ing, and that without any
It doth help all nasty, rotten,
g, putrified ulcers, although
they

they be in the legge where the h
be ready to resort most in Fl
although the bone be afflicted
scale it without any instrume
bring up the flesh from the bo
your Face being annointed
it taketh away suddainly all re
pimples, Sun-burnt; A W
dressed with this Ointment,
never putrifie, it will cure a
when no Tent can search it;
the Head-ach, the Temple
annointed therewith, the
being annointed with it, no
ty will harbour there, no not
stames, or Consumption
Lungs, the belly being an
therewith; it helpeth the C
and illlack passions, the
(and what not) too tedio
to relate: it helpeth the E
or Piles, it is the best Oint
the World for all sorts o
whatsoever, and there can
come nigh unto it,

very good conserve for the help of Consumption and Cough.

e half a pound of blew-Raf- e blackest sort is the best, and them, and skin them, and two s of wite-Sugarcandy, and unces of oil of sweet Almond ulise them well, and when they incorporated together, use it morning, noon, and night.

very special drink against a Consumption.

e Colts-foot, Hysop, Scabi- Maiden-hair, of each a hand- nd a quarter of a pound of nd cut them in two pieces, uarter of a pound of Raisins, e them, and take ten Dates e them, and so boil them in rts of fair water, and after boiled a little, put into it unce of Liquorice scraped,

and

and bruiſed, and ſo let it boil ti
quarter be boiled away, then
off, and when it is cold ſtrain
to a Pot, and drink half a pin
morning, at four of the clock,
much after dinner, at four
clock.

For Worms in Children.

Take Wormſeed boiled in
Ale, and then ſweeten it with
ed Honey, and let them drink

*How to drive away the Yello
Face that is cauſed by the
flowing of the Gall.
proved.*

Take a great white Onio
make a hole in the top of it,
put into it the quantity o
aneg of good Triacle, and
the whole again with the
that is cut out of it, but m
Triacle with Saffron poud

done, roast the Onion in hot
s, being wrapped up in wet
, and when it is well roasted,
out the juice thereof heard, &
party this drink in the morn-
sweat an hour after it, and
inue for three mornings toge-
and then let the party take a
Purge, & Fiat.

cellent Medicine for the Drop-
made for Queen Elizabeth
Doctor Adrian, *and Do-*
ctor Lacy. *Proved.*

ee Polipodium, Spikenard,
, Ginger, *Marjoram*, Galin-
well, *ana.* a penny weight, Se-
es and cods, so much as all
grosly beaten; put them in-
, and hang it in an earthen
wo gallons of Ale, and every
yes cover the pot with new
and drink no other drink for
, and this shall purge all ill
out of the Body, neither

will it let the blood putrifi
flegm to have domination, nor
ler to burn, nor *Melancholly* to
exaltation, it doth encreafe
and helpeth all evil, it helpe
purgeth Rheum, it defend
ftomack, it preferveth the bod
ingendreth good colour, con
the fight, and nourifheth the

For the Dropfie that fwell

Eat Water-creffes, and R
ufe it often, and it will fen
the Diſeaſe into the Legs a
and when it is there, take th
bark of Elder in the Winter,
crops in ſummer, and boil th
in fair water and Oat-m
Poulteſs, and apply it to th
and this will heal it.

Celestial water in the World for the Eyes.

Celidonia,
Euphrasia,
Vinicula, } of each a quarter of a pint.

Tutia,
Calaminaris, } of each a dram

excellent Water for one that is near, or in a Consumption.

Milk three pints, red-Wine
t, twenty four yolks of new
gs, beat them very well toge-
en add so much white-Bread
drink up the Wine, and put
ne Cowslip flowrs, and distil
and take a spoonful first and
broth made of a Chicken, or
, and in one moneth it will
Consumption.

1. *For to stay Vomiting presently.*

Take a little Mastick, and p
upon a hot Coal, and set a Fu
over it, and receive the fum
your mouth, and let it go into
Stomack. *& fiat.*

Doctor Teucables *green Balsa*

Take in the moneth of *May*, R
mary-tops, Wormwood, *Balm*
Rue, *ana.* two ounces, red Sa
Bay-buds, *ana* four ounces, S
Suet twelve ounces, beat all t
ry well together in a stone M
till it be all as a Salve, then put
to a clean Pipkin well stopt, a
it for eight dayes in a cold p
then put it all in a clean brasse
fer and adde to it a pound of
Sallade-oyl, and as many of th
Herbs as aforesaid well brulse
let them boil over a soft fire
softly, the space of an hour,
them all the time with a w
Sp

...uld, then take them from the fire, ...presently put into it an ounce of ...e oil, and stir them together, ...with a spoon take off the oily ...stance from the Herbs, and ...strain it into a Gally-pot, and ...keep it very close stopt, and set it in ...a dry place, it will keep good two or ...three years.

The Virtues are these.

The virtue of the said *Balm* is In ...perfection good to cure all that is ...under written, and the said Oil ...good to any wounds either inward ...and outward; Proved; being in-...jected or squirted into the said wounds ...inward, and outward, being applied ...with fine lint, or linnen, and anoint-...ing all the parts thereabouts.

It doth not only take away ...pain, but it doth also keep it from ...inflammation, and draweth forth ...all broken bones, or any thing

elſe that may putrifie or feſter,
Brains, Heart, Guts, Liver
touched, it will heal in four
times dreſſing, if no other
applyed thereunto.

2. It healeth any burni
Scalding by fire, or water, or
other means; it healeth any.

A moſt excellent Pouder, mu
by a Perſon of Quality, late
Deceaſed, with the Virtue

Take Pearl Magiſtrale pr
Corral red and white prepare
pared Amber, prepared Hart
of each half an ounce, *Contra*
one ounce; mingle them wel
cher, then take three ounces
black claws of Crabs before
ſodden, they muſt be taken i
or *July*, the Sun being in
mingle all well together, th
to it four ounces of white Sug
dy poudered, and mingle

candy, Ambergrice, Musk, Cl-
seed skinned, *ana* ten grains;
the seeds, Sugar-candy & Am-
bece by themselves, very fine in
e Mortar, all the rest must be
d through a fine Searce, then
a strong gelly of Harts-horn
boiled with white-Wine, and
e therein Saffron powdred two
ms, and with this Jelly per-
the pouder, being all mixt in-
paste, so make it up into little
, and set them in a warm Oven
, and then put them up to your
e closer they be kept the better.

*Virtues of this pouder is most ex-
cellent.*

For to bring out the Small-
or if they be come out, take ten
in Dragon-water each three
, for nine hours.

For the Plague take ten grains
Dragon-water each three hours

for nine hours, and sweat and your self warm.

3. For a Heptick, take for teen dayes together, six grains morning in Borrage-water.

4. For a Consumption, in mony-water, take six grains for teen dayes together,

5. For the Cough of the L six grains, in half Bettony, a Hysop-water, for fourteen day

6. For an Ague or feaver, three dayes, every third day ven grains every three hours fo hours in Carduus-water.

7. For Poison twelve grains ed in a little Milk.

8. For a woman that is si ter Labour, take seven grain hree hours for nine hours i mony-water.

9.

9. There is no Unicorns-horn
mparable to it in contagious times
good to take five grains every
ning in a little Sack.

10. For the passion of the heart,
Convulsion fits seven grains in
rage water, and it is a great pre-
ver of health, working only as a
rdial, and you may safely take
twelve, fourteen, or sixteen, or
teen, or twenty grains at once
full dose.

11. And if it be a great Feaver,
ll-Pox, Plague, Poison, or for a
man in Labour, put into every
se three grains of Bezoar-Orien-

How to strengthen the Back, and to make one Lusty.

Take half a pint of Malmsey, and
ndful of the pith of an Ox-back,
take the pith out from the skin,

then take four or five ſtalks
tichoaks, and take the pith
them, but firſt cut the ſtalk
pieces ſo long as your finger
then parboil them well, an
put it to the other things, and
gently to a Jelly, and when yo
done ſo let it be cold, and the
upon the point of a knife, m
end evening, and at any time
day, ſo much as you ſhall thi
ing, and if you would have
ſant. make it ſweet with white
candy, but not with Sugar.

For one that cannot make h
Water.

Take Thyme and ſteep it in
Vinegar, one night or more
take of this three ſpoonfuls,
warm, after that you have e
morning, noon, and night.

How to help a stinking Breath that cometh from the Stomack.

Take two handfuls of Cummins, and beat them to pouder, and hit in a pottle of white-wine, unhalf be boiled away, and then the party a good draught therefirst and last, morning and even- as hot as he can suffer it, and in en or sixteen dayes it will help.

In the Sciatica, or the Gout, my Lord of Sussex Medicine, called Flesh-Unguetors.

Take of Rosin half a pound, of osin half a pound, of Virginsx four ounces, of Olibanum ounces, of Mastick half an ce, of Sheeps-tallow, or of harts- two ounces, of Camphire drachms, and of Turpentine ounces.

The

The way to make it.

First beat all your Gums a
said, every one by themselves,
take your Tallow and your
and set them together on the
that done, put in your Rosin,
your Perosin, then your Oliba
and last of all your Mastick;
when all is relented together
soft fire of Coals, then str
through a thin Canvas cloat
a pottle of white-Wine; and
let them all boil together again
half the Wine be wasted and
way; then take it from the fire
let it cool, then afterward wh
almost cold annoint your han
the Oil of sweet Almonds, an
it up in rouls like Wax rouls,
the time of the working there
In your Camphire beaten
pouder by it self alone; t
serv'd that before you put i
Camphire into the Mortar s

n into pouder, you must always
in the same Mortar two or three
onds, for else your Camphire
not be made into Pouder.

ordering of the same Medicine.

t you must spread it upon a fine
r-cloath, plaister-wise, & so lay
on every joynt where the pain is,
efore the laying of your Plaister
must annoint all your Joynts
the oil of Roses, and the stuff of
plaister must be half an inch
, & according unto the property
same, you must let it stick and
where you lay it for the space of
or ten dales together, notwith-
ding it dothput you to some pain
ch in the meantime, yet you must
y-wise let it lie on stil, for it wil
draw out the sinews by little
Pimples, and also heal it again,
his one Plaister must serve dur-
ll the time of your disease with-
ny manner of renewing. *Proh.* of
ss by my Lord of *Suffolk*.

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